



Victory troops remember Sept. 11, 2001

by Army Spc. Laura M. Bigenho
28th Public Affairs Detachment

Servicemembers and Civilians of Multi-National Corps-Iraq joined the U.S. military for a Sept. 11, 2001 Remembrance Service at Al Faw Palace.

The ceremony marked the six-year anniversary of a series of coordinated terrorist attacks that took place in New York, Pennsylvania and Washington, D.C.

On the morning of Sept. 11, 2001, terrorists hijacked four commercial airplanes and intentionally crashed them into the twin towers, the Pentagon and a rural field – resulting in 2,993 known deaths.

Attendees were welcomed by music from the 1st Cavalry Division Band and treated to a special piece of music by Army Spc. David Bishop, administration clerk, 3rd Signal Brigade.

Bishop received a standing ovation after singing Darryl Worley's "Have You Forgotten?" while playing guitar.

Army Lt. Gen. Ray Odierno, commanding general, MNC-I, expressed the profound impact Sept. 11 has had on the United States and other nations.

"Everyone here today no doubt could tell me exactly where they were, what they were doing and what they were thinking as they watched the World Trade Centers topple, the Pentagon burning and the remains of United flight 93 smoldering in a remote Pennsylvania field," Odierno said. "It didn't matter what they believed, it didn't matter what the color of their skin was and it certainly didn't matter what religion they practiced; they were all killed indiscriminately by a brutal but methodical enemy."

Army Maj. Gen. Douglas Carver, Army chief of chaplains, was guest speaker for the ceremony.

Carver thanked the troops for their service and praised them for their dedication and efforts to make the world a



Photo by Army Staff Sgt. Curt Cashour

Army Lt. Gen. Ray Odierno, commander of Multi-National Corps-Iraq, speaks during the MNC-I Sept. 11, 2001 Remembrance Service here. The ceremony, which was held in the rotunda of Al Faw Palace, was set against the backdrop of an American flag nearly three stories long.

safer place.

"Thank you for your service to this great nation and to the world," Carver said. "Regardless of what you read or hear in the media, our nation is very proud of you."

Odierno emphasized the importance of being in Iraq.

"By attacking us six years ago, (extremists like al-Qaida) sought to destroy the freedom and liberty we hold dear by instilling fear in the citizens of free societies like America," Odierno said. "We remain on the offensive

against terrorists and extremists to protect the safety and freedom of citizens in free nations throughout the world."

Carver reminded the audience of the price being paid by those who have given the ultimate sacrifice. Reflecting on a favorite scripture of his, Carver read John 15:13.

"Greater love has no one than this, that one lay down his life for his friends," he said. After sharing statistics of lives lost during Sept. 11 and since the war began, Carver closed by saying, "May we never forget."

Commentary

Heard on the streets of Victory. . . *How did the events of Sept. 11, 2001 affect you?*



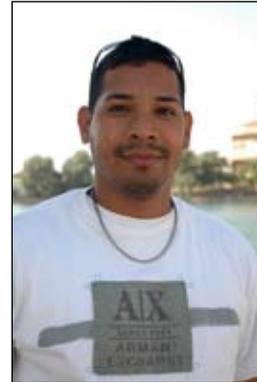
“When it happened in 2001, I knew we were going to war.”

Army Sgt. Christopher Deck
82nd FA



“On that day, I was supposed to work at the Pentagon, but I called in because I had car problems.”

Army Staff Sgt. Brian Dudley
58th IBCT



“Once 9-11 occurred, I deployed within 72 hours.”

Bernard Lozano
DRS Technologies

“I think the unfortunate event bought Americans together.”

Army Spc. Dalila Neri
118th MP Co



“I lost friends and family members in the attack.”

Rapsody Johnson
Psychological Operations
MNC-I



“I thought it was unreal. I thought ‘this is not good’”

David Ellis
DRS Technologies



Chaplain’s Corner

Hope

Army Chaplain Randy Edwards

Deputy Division Chaplain, 3rd Infantry Division

It is upon us, whether we have interest or not. For many, this season is the highlight of the year. What is it? What is all the buzz about? Two bits, four bits, six bits, a dollar. All for the Big Blue stand up and holler.

I can still remember my sister practicing her cheerleading cheers 30 years ago. Cheers and hopes are filling stadiums across our nation. Football season is upon us.

Last week as I sat awaiting a flight during a weather hold at the passenger terminal, two back-to-back movies about football played on the television. The importance of the game and season was evident. The first week of college

football saw what the sports shows are saying was one of the greatest upsets in college football history. Appalachian State defeated No. 5 Michigan. Following the game, the television cameras panned the crowd; Michigan fans were stunned. Their faces were full of disappointment. Michigan’s dream of a national championship was shattered.

Some will say it was only a game. Others will struggle with emotions the remainder of the season.

Everyone reading this article has dreams, plans and desires. We deployed holding to our dreams, expectations and thoughts about returning home. Many will complete this deployment and be able to see their dreams and plans realized. However, some will return with their dreams faded and others will leave with shattered dreams.

The long and frequent deployments have strained and

See **HOPE**, page 5

Phantom News is an authorized publication for members of the Department of Defense. Contents of this publication are not necessarily the official views of or endorsed by the U.S. Government or the Department of Defense. The editorial content of this publication is the responsibility of the Public Affairs Office of Multi-National Corps-Iraq.

MNC-I Commanding General: Lt. Gen. Ray Odierno
MNC-I Public Affairs Officer: Lt. Col. James Hutton
MNC-I PA Sergeant Major: Sgt. Maj. Eric E. Parris
MNC-I Command Info Chief: Sgt. 1st Class VeShannah J. Lovelace
Managing Editor: Staff Sgt. Jacob Boyer
Editor: Cpl. Darhonda Rodela
Staff: Sgt. Abel Trevino, Sgt. D.A. Dickinson, Spc. Laura M. Bigenho, Spc. Beatrice Florescu, Spc. Stephanie Homan

Phantom News welcomes columns, commentaries, articles and letters from our readers. Send submissions or comments to darhonda.rodela@iraq.centcom.mil. The editorial staff reserves the right to edit for security, accuracy, propriety, policy, clarity and space.

A battle we must fight to the end Suicide: a permanent solution to a temporary problem

by Army Spc. Laura M. Bigenho
28th Public Affairs Detachment

Most suicide attempts occur with enough warning signs for others to notice there is a serious problem. Unfortunately, many of those attempts result in death because people fail to recognize the desperate cries for help. The results can be devastating.

Nearly 80 percent of those who attempt or commit suicide give some clues to their intentions, said Army Col. Michael Tarvin, command chaplain, Multi-National Corps-Iraq.

Too often people closest to the victim do not pick up on the signs or simply ignore them out of fear, he added.

Tarvin said he knows of many successful suicide attempts, but one in particular stands out because the person showed all the classic signs. The scenario involved a Soldier whose marriage was suffering.

After his chain of command ordered him to move into the barracks temporarily, the Soldier had trouble sleeping and refused to socialize with others.

Tarvin said he later found out that "at one point, (the Soldier) went into the dayroom and said to his friends, 'I think my family would probably be better off without me.'"

The final clue came in the form of a drawing the Soldier made of his wife and two young children mourning over his gravestone.

The stone had his name and date of death on it. The Soldier spent his first night in the barracks on Friday. He killed himself the following Monday – the same date written on his drawing.

"When we found him, he had already shot himself inside his truck," Tarvin said. "The amazing thing to me was there were so many indications that this guy was headed toward suicide, but nobody did anything until it was too late."

Tarvin said those who knew the Soldier said they saw the warning signs, but admitted they were either too afraid to do anything or did not take the signs very seriously.

"It's scary," Tarvin said. "People are afraid that questioning a person is going to put the thought of suicide into their mind. Statistics show that is completely false. They need to know that somebody cares."

Tarvin admitted it takes a lot of work and courage to intervene and seek help.

"It is a hassle and it's a lot of work. I think a lot of Soldiers, deep down, don't want to go through (with) it," Tarvin said. "Instead, they hope that somebody else will take care of the situation."

For one Marine corporal stationed at Camp Victory, the opportunity to intervene was never an option. She had completed her first week of Airborne school nearly two years ago when she received a call from her mom saying that her uncle had shot and killed himself.



Courtesy art

A Soldier who committed suicide drew this picture before taking his life. Nearly 80 percent of those who attempt or commit suicide give some clues to their intentions, said Army Col. Michael Tarvin, commanding chaplain, Multi-National Corps-Iraq.

"I didn't know what to think," she said. "I was so stunned I actually thought she was playing a sick joke at first."

While her three cousins remain fatherless and her family is torn over the tragedy, the Marine's family wasted energy fighting over why her uncle died and her mother started needlessly blaming herself. She has even caught herself carrying some of the guilt.

Tarvin said the effects of suicide are far greater than the person committing the act may ever realize.

"The concept in a person's mind who commits suicide of, 'It's my life. It's only hurting me. It doesn't affect anybody else,' is a lie," Tarvin said. "It always affects somebody else."

In the Marine's situation, there was very little she could have done. However, she has still been greatly affected.

"I still wonder why he did it," she said. "I wonder if I could have said or done anything to ease whatever burden he had."

Tarvin said the bottom line is that you can never be too cautious. Be aware of warning signs and do not be afraid to take action. It is far better to take precautions than it is to risk allowing someone to take their life.

"You can't wait. You have to take immediate action," Tarvin said. "People need to know that others care."



Dr. Ahlam Turki, Basic Medical Clinic Assistant Course instructor, hands a certificate to an Iraqi soldier for completing the course on Sept. 7. Army Col. Gregg Hammond, special functions team chief, 358th Civil Affairs Brigade, waits for his turn to congratulate the troop.

First IA group graduates medical course

Story, photo by
Army Spc. Laura M. Bigenho
28th Public Affairs Detachment

Several Iraqi troops spent weeks acquiring new skills and knowledge during the Basic Medical Clinic Assistant Course at the Community Military Outreach Clinic on Victory Base Complex.

Sixteen troops walked away from the CMOC toting certificates and a sense of accomplishment Sept. 7.

BMCAC, formerly known as the Preparatory Iraqi Nursing Course, initially kicked off in January. Its early success as an all-female class encouraged instructors to open it to other Iraqis and clinics in Iraq.

Army Col. Gregg Hammond, special functions team chief, 358th Civil Affairs Brigade, said students must attend nine classes over a five week period, participate in hands-on training and pass a final exam before graduating from the course. The goal is to have all Iraqi medics go through

the course so they can teach it to their own troops. Hammond also said they expect the Iraqi Army will officially take over teaching BMCAC by the end of September.

"The plan is to have the Iraqi Army transition to take over and also to start expanding their influence in their surrounding communities," Hammond said.

"We'll still be in the background assisting whenever they need it, but they will pretty much have control over (the course)."

Dr. Ahlam Turki, BMCAC instructor and native of Baghdad, said students learn about a variety of topics including anatomy and physiology, conducting physical exams, specimen collection, wound care and checking vital signs. Turki said she also incorporated abdominal trauma and hemorrhage control into the latest course.

"This is the first Iraqi Army graduation, so I added some new articles because they are Army and they need it," Turki said. "It is important be-

cause (the soldiers) will be able to help themselves, their families and their neighborhoods with the information they learned here."

One of the students, Spc. Rad Sabah Jabbar, Iraqi Army, said he enjoyed the entire course, but his favorite part was hands-on training during cardio-pulmonary resuscitation.

"It was fun because there was a (mannequin) on the floor and it was very interesting and realistic," Jabbar said. "For sure these skills will help me as a soldier."

Hammond said the skills Jabbar spoke of are the skills he hopes the rest of the IA will grasp.

"Our eventual plan is that the Iraqi Army helps to assist patients here and at the (nearby) airport clinic," said the Peru, Ind., native. "Treating the patients will help build a trust between civilians and the Iraqi Army."

Turki said the Iraqis' enthusiasm and determination will assist tremendously in making the plan unfold successfully.

The few, the proud gather for good times

Monthly event gives Marines time to bond

Story, photo by
Marine Cpl. Darhonda Rodela
 MNC-I PAO

Camp Victory's Marines are considerably outnumbered when compared to the numbers of the Soldiers. Nevertheless, the Marines' small population does not prevent them from doing what they do best which is stick together.

Victory Marines gather at Marine Night, a night for Marines to meet and enjoy the company of Marines the first Thursday of every month. The event is held at the quarters of Marine Maj. Gen. John Paxton, Multi-National Force-Iraq chief of staff, here and includes a barbecue.

"What I enjoy about Marine Night is the chance to relax with fellow Marine NCOs and officers," said Marine Sgt. Melinda Simons, maintenance management specialist. "Not many of us see each other during the month since we are all integrated in with the fellow services. It was nice to be able to be around my deployed brothers and sisters."

According to Paxton, Marine Night has been a tradition for about three years.

"It's a way to get Marines together once a month to rekindle the bonds," he said. "I get a chance to talk to folks in uniform and see who's over here and what they are doing."

Although the Marines' numbers are few, the night's numbers are not. Soldiers, Sailors, Airmen and Civilians



Marine Sgt. Melinda Simons, C-4 maintenance management specialist, talks with Marine Chief Warrant Officer Manuel Rendon, Iraq Assistance Group senior maintenance management officer, during Marine Night.

all attend the night of camaraderie.

"Marine Night is not only open to Marines," Paxton said. "Everybody is invited, those who have (served in the) Marines, Army, bosses... whoever. It's a professional atmosphere and everyone is welcome. Everybody brings spirits."

For some, the one night is the only time they are able to be in the company of Marines due to their jobs and time constraints.

"I am really proud of the Marines

over here. Everyone assumes all Marines are out west, but we have several others that are doing jobs and performing really well," Paxton said.

Simons, a Chicago native, said this is her first time working in a joint service environment and it is a learning experience.

"I am looking forward to the next Marine Night," she said. "Who doesn't enjoy getting away from their trailer to barbeque at the general's house in the middle of the desert?"

HOPE, from page 2

stressed some relationships. Have you ever heard the saying, "Hope is not a method?" From my experiences, I can conclude hope is not a method. It is a means.

Hope is not a wish. Hope is a means by which we can look to tomorrow even through the valleys and pitfalls that we may face in life.

My hope is built on nothing less than my relationship with God. Romans 15:13 records these words of comfort: "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Lewis Smedes wrote, "Hope is no longer a passion for the possible. It becomes a passion for the promise."

My wife and I recently celebrated our 25th wedding anniversary. If it were not for our trust and hope in the Lord as the God of reconciliation, our 25th anniversary would never have been celebrated.

During that dark time, it was my hope in what God could do that served as the means for me to face the next day and the next and then the next. Circumstances in life are not always pleasant.

Martin Luther King Jr. stated, "We must accept finite disappointment, but we must never lose infinite hope."

Take care. God cares!

Servicemembers, Civilians to showcase talent in Poetry Jam Sept. 22

by Marine Cpl. Darhonda Rodela
MNC-I PAO

Poetry is defined in the dictionary as writing that formulates a concentrated imaginative awareness of experience in language chosen and arranged to create a specific emotional response through meaning, sound and rhythm.

On Sept. 22, poetry will be redefined during the Camp Victory Poetry Jam at the Oasis Stage.

"People can expect to be inspired, entertained and educated," said Army Sgt. LaMyra "Lyric" McGee, 504th Military Intelligence Brigade system administrator. "They can expect to see poetry presented in a way that they have probably never seen it done before. Some people hear the word 'poetry' and automatically have to suppress a series of yawns. This event will show how far the art of poetry has come."

McGee, who began her artistic hobby of poetry when she was 11, will also be headlining the show and performing original poems. The 23-year-old Slidell, La., native said she began performing poetry in front of audiences in 2006.

"It's a poetry jam, so of course you can expect lots of poetry," she said. "There will also be some singing and a little comedy.

We'll also have some special appearances by some fraternities."

Army Maj. Vaughn
Wallace, 58th

Infantry Brigade Combat Team logistics operations officer, said he works backstage and judged the auditions for the event.

"We selected the hottest poets (on Victory)," Wallace said. "If you want to see creativity from Soldiers in a combat zone, (this) is the place to be."

Wallace, a member of Kappa Alpha Psi and Brandywine, Md. native, will also be performing in the show. Wallace and other members of the fraternity will "step" as the show's entertainment.

Wallace said the show's coordinator, Army Sgt. 1st Class VeShannah Lovelace, Multi-National Corps-Iraq public affairs, did a great job at setting the event up and finding talent to perform.

"The entire show will be like a roller-coaster ride," Wallace said. "The energy level will keep increasing as the performances get better. The (poetry jam) crosses all boundaries and has a variety of entertainment. If you come out to see the show, you will see a very organized, entertaining, creative and high-energy event."

The poetry jam will also have music, disc jockeyed by Navy Petty Officer 2nd Class Brian Miguel, MNC-I C-8 budget analyst, and comedy by Army Sgt. Aaron Roy, 303rd Military Intelligence Battalion CACE sergeant of the guard.

"This is my way of contributing to what I believe is a morale booster," Miguel said. "This is a great showcase of talent."

A total of 12 acts will be performed by talented service members.

"Expect a great show," Miguel said. "The line up that has been put together is excellent and the talent is unbelievable."

The show will begin at 7:30 p.m. For more information, email Lovelace at veshannah.lovelace@iraq.centcom.mil or call 822-1414.

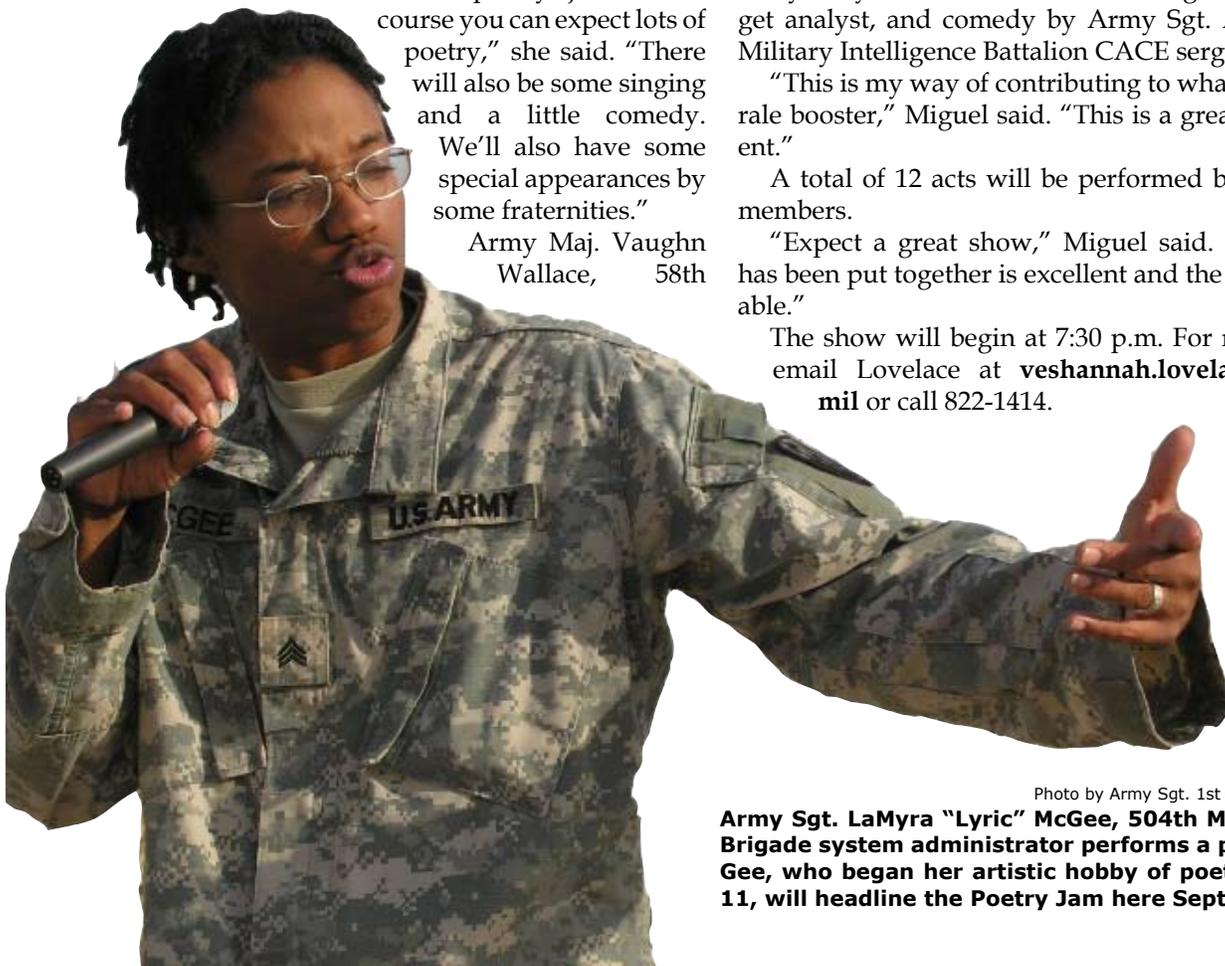


Photo by Army Sgt. 1st Class VeShannah Lovelace

Army Sgt. LaMyra "Lyric" McGee, 504th Military Intelligence Brigade system administrator performs a poem Sept. 7. McGee, who began her artistic hobby of poetry when she was 11, will headline the Poetry Jam here Sept. 22.

Announcements

Wings 'n Things

Wings 'n Things will be available in the NFL VIP room every Tuesday and Saturday during lunch at the TF Phantom Sports Oasis Dining Facility beginning Sept. 18. Come out to enjoy different flavors of chicken wings, mozzarella sticks, jalapeno poppers, chilli cheese fries and much more.

Birthday Party

Come out and celebrate your August or September birthday Sept. 30 at 5:30 p.m. in the Sports Oasis DFAC. To attend, proof of date of birth is required.

For more information, contact Army Sgt. 1st Class Veronica Todd-Carmichael at 822-2889.

Redeployment Brief

Commanders and unit movement officers are encouraged to attend a redeployment brief intended to provide them with a basic understanding of the redeployment process, requirements and identify the unit's key tasks.

The brief will be held in the Tigris conference room of the Al Faw Palace, Oct. 1 from 8:30 a.m. to 12 p.m.

For more information on the redeployment brief, contact James Mulheron at 822-3892.

IMPACT Bible study

Are you between 18-34 years old? Are you wondering what God has to say about you? If so, join others every Wednesday at 5:30 p.m. in Victory Chapel for a young adult Bible study like none other. It's a time of real people dealing with real issues.

For more information, contact Army Capt. John Faison at john.faison@iraq.centcom.mil.

Open Mic Poetry Night

Sign up to perform or sit back and listen to original poetry written by your peers at MWR Bldg. 51 Sept. 18 at 8 p.m.

For more information, contact SK2 Brian Miguel at brian.miguel@iraq.centcom.mil.

Grown Folk Saturdays

"Grown folk" ages 35 and up are welcome to attend Sept. 22 at 9 p.m. in Bldg. 124. Come out to enjoy card games while DJ iPod spins oldies, reggae and jazz.

Cartoonist wanted

The Phantom News is looking for talented artists or bored troops. If you have potential to create a comic strip and boost troop morale, email your work to Cpl. Darhonda Rodela at darhonda.rodela@iraq.centcom.mil. For more information, call 822-1111.

HemCon Bandages

Hemostatic Dressing is designated as Theater Provided Equipment and must be turned over to the relieving unit prior to departing theater. Please notify a surgeon's office medical logistics representative if any HemCon Bandages are discovered. Your assistance to ensure this lifesaving item remains in theater is greatly appreciated.

Camp Victory Bible Studies

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
Women's Bible Study 7 p.m. Bldg 24F	Smoke & Joe Bible Study 12 p.m. Victory Chapel Porch	Young Adult Bible Study 5:30 p.m. Victory Chapel	Spanish Bible Study 7 p.m. Mini Chapel	Women's Fellowship 8 p.m. Mini Chapel	Seventh-Day Adventist 10 a.m. Victory Chapel	Men of the Bible Study 5 p.m. MLB Room, Oasis DFAC

Do you have an announcement about an event of interest to the Camp Victory community? Contact Cpl. Darhonda Rodela at darhonda.rodela@iraq.centcom.mil with the information. Information for community announcements needs to be submitted at least two weeks prior to the event to allow for timely publication.

Operating Hours

- Coalition Cafe**
Breakfast 5:30 - 8:30 a.m.
Lunch 11:30 a.m. - 2 p.m.
Dinner 5 - 8 p.m.
Midnight Dining 11 p.m. - 1 a.m.
- Sports Oasis**
Breakfast 5:30 - 8:30 a.m.
Lunch 11:30 a.m. - 2 p.m.
Dinner 5 - 9 p.m.
- Education Center**
8 a.m.-midnight
- Camp Liberty Post Exchange**
8 a.m. - 10 p.m.
- Fitness Center**
Open 24 Hours
- Victory Main Post Office**
Monday-Friday 9 a.m.-5 p.m.
Saturday 9 a.m.-4 p.m.
Sunday 9 a.m.-1 p.m.
- MNC-I STB Mailroom**
9 a.m. - noon
5 - 7 p.m.
- Al Faw Palace Post Office**
Wednesday and Sunday
1-6 p.m.
- Golby Troop Medical Clinic Sick Call**
Monday - Friday 7:30 a.m. - noon
Saturday & Sunday 9 a.m. - noon
- Dental Sick Call**
Monday - Friday 7:30 - 10:30 a.m.
Saturday 9 - 10:30 a.m.
- Mental Health Clinic**
Monday - Friday 8 a.m. - 4:30 p.m.
Saturday 9 a.m. - noon
- Post-Deployment Health Briefings**
Monday, Wednesday and Friday 1 p.m.
- Pharmacy**
Monday - Friday 7:30 a.m. - noon;
1 - 4:30 p.m.
Saturday & Sunday 9 a.m. - noon
- Legal Assistance/Claims**
Saturday-Monday 9 a.m. - 5 p.m.
- Personnel Service Support Centers**
Monday-Saturday 9 a.m. - 5 p.m.
Sunday 9 a.m. - 1 p.m.
- ID Cards**
Monday-Friday 6 a.m. - 5 p.m.

Worship Hours

- Victory Chapel (Bldg. 31)**
Sunday
7 a.m.....Collective Protestant
8:45 a.m.....Collective Protestant
10 a.m.....Catholic Confession
10:30 a.m.....Catholic Mass
noon.....Gospel Protestant
2 p.m.....Latter Day Saints
4 p.m.....Episcopal/Lutheran
6:30 p.m.....Contemporary Protestant
- Saturday**
11 a.m.....Seventh Day Adventist
8 p.m.....Catholic Mass
- Mini Chapel (Bldg. 24F)**
Sunday
9:30 a.m.....Breaking of Bread
3 p.m.....Church of Christ
7:30 p.m.....Latter Day Saints
7 p.m.....Knights of Columbus (1st & 3rd Sundays)
- Monday-Friday**
11:30 p.m.....Daily Mass
- Friday**
6:30 p.m.....Jewish Service

AFN Freedom Radio

- Al Asad, Ali Base, Ar Ramadi, Baghdad, Balad, Kirkuk, Kirkush, Taji, Tal Afar, Taqqadam..... 107.3
- Tikrit..... 100.1
- Fallujah, Mosul..... 105.1
- Q-West..... 93.3



Courtesy Photo

Servicemembers and Civilians participate in the 2006 Army 10-miler shadow run here. This year, the shadow run is slated for Oct. 7. Runners are encouraged to register for the race early due to its 800-people limit.

Victory hosts Army 10-Miler shadow run Oct. 7 *Registration ends Sept. 30, runners encouraged to sign up early*

by **Army Sgt. Abel Trevino**
28th Public Affairs Detachment

For the 23rd iteration of the Army 10-Miler run in Washington D.C., Camp Victory will be one of the overseas bases that hosts official shadow runs, complete with a ceremony, festivities, runner's clinics and video teleconferences.

While the actual ten-mile run is a fundraiser, there are no fees for participants in the shadow run.

"The shadow runs are to raise visibility for the ten-miler itself and they provide a (Morale, Welfare and Recreation) opportunity to the participants," said Army Lt. Col. Samuel Riley, 58th Infantry Brigade Combat Team and Victory mayor.

Events like the 10-Miler are also excellent opportunities to show cohesion in a healthy manner.

"This is a chance for (troops) to show their pride in their units and respective services," the Baltimore native said. "It's also a great opportunity for physical fitness and to showcase Camp Victory."

While he encourages residents to participate, he added that not everyone will be able to participate in the actual run.

"All runners are encouraged to register early since registration is limited," Riley said. "Online registration ends on

Sept. 30. We are only going to register 800 people."

Registration slots are filling quickly. In the first six days, 299 people registered.

The registration cap does not mean that only 800 people will be participating in the event.

"Various units will be sponsoring portions of the race, so there will be many opportunities to participate, not just running," Riley said. "For folks not able to participate on race day, there will also be a series of clinics that will be on nutrition, biomechanics and other subjects,"

The clinics will be hosted via video teleconference in the education center.

The registration cap on the actual run serves several purposes, but is mostly to the benefit of the runners.

"We're limiting the number of runners to provide the best experience to all runners and participants," Riley said.

Army 1st Sgt. William Rosier, 58th Infantry Brigade Combat Team and Victory sheriff, added there would also be a time limit on the run.

"Here, it will be no longer than four hours," Rosier, who is also from Baltimore, said.

The run will begin at 6 a.m., Oct. 7. More information and registration can be found at the Multi-National Corps-Iraq intranet site or by contacting Army Sgt. Brian Butler at the Camp Victory Mayor's Cell at 822-2772.