



### ATV Rodeo

ATV riders show off their skills

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# Fort Riley Post

### CFC Kickoff

Soldiers, civilians learn about giving options

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Friday, October 19, 2007

Home of the Big Red One

Vol. 50, No. 42

## Post, Army news briefly

### Correction

The names of the winners of Operation Rising Star were incorrect in the Oct. 12 Post. The correct information is: 1st Place - Kristen Lindly, HHC, 1st Brigade, \$500 for her and an additional \$500 for her unit; 2nd Place - Daniel "Drew" Halsey, 125th BSB, \$250; and 3rd Place - Misty Reddish - 610th BSB, \$100. We apologize for the error.

### GC address scheduled

Fort Riley Garrison Commander Col. Richard Piscal will address the civilian work force in two sessions at 10 a.m. and 1:30 p.m. Oct. 30 at Barlow Theater, Building 7866. Due to limited parking, carpools are encouraged. For more information, contact the Workforce Development Office at 239-2011.

### Notice of survey

From Oct. 1, 2007, to Oct. 1, 2008, Fort Riley has contracted with Wilson and Company, out of Salina, Kan., to locate and monument the military reservation's external boundary. A member of the survey crew will contact property owners and/or tenants for permission to enter private property. Survey activities will include the standard use of survey instruments, as required for a legal survey in the state of Kansas, on the ground to determine locations of features relevant to the boundary location. Steve Roberts, LS, with Wilson and Company, will be in charge of this survey for the U.S. Army Corps of Engineers.

### Career Expo set

The Fort Riley Employment Readiness Program will host a Career Expo from 3:30 to 6:30 p.m. Nov. 7 at Riley's Conference Center.

Local and national employers will be present to discuss career opportunities within their organizations. Resumes are not required but encouraged. The Career Expo is free and open to the public. For more information, call 239-9435.

### Stay 'In Step' with Fort Riley

See what's happening at Fort Riley. Tune in to Fort Riley cable channel 2 every day at 8 a.m., noon and 6 p.m. or watch "In Step with Fort Riley" at 5 a.m. every Saturday and at 11 a.m. most Saturdays on WIBW TV Channel 13.

Stories planned for this week's show, which runs on WIBW TV Oct. 20 and on the post's cable channel 2 Oct. 22 through 28 are:

- 4th IBCT's news from Iraq
- Former Marine bikes from coast to coast
- Combined Federal Campaign kicks off on post
- Hispanic Heritage Month Observance
- Update on latest Fort Riley casualties

## 'Bushmasters' settle into outpost

By Sgt. 1st Class Robert Timmons

4th IBCT, 1st Inf. Div. PAO

KAMILIYAH, Iraq - "Welcome to EFP Airways," said Staff Sgt. Howard Weitzmann, the weapons squad leader with 1st Platoon, Company B "Bushmasters," 2nd "Ranger" Battalion, 16th Infantry Regiment, as the

patrol left Forward Operating Base Rustamiyah in southeastern Baghdad.

The patrol would be heading into one of the roughest parts of the city, known for numerous explosively-formed penetrators targeting coalition and Iraqi forces, to replace a platoon at Coalition Outpost Bushmaster.

Zigzagging through the bustling city avoiding traffic jams,

the platoon was forced to come to a halt only once that trip - traffic outside the local Iraqi police station was in gridlock as thousands of military-aged men awaited the chance to enter and apply for a job.

"Only about 50 or so will be chosen to go inside," said Weitzmann, the 32-year-old Papillion, Neb., native as the throng of men began rushing together like high

school American boys eager to watch a fistfight.

About the same time, an American unit entered the police compound and Weitzmann's patrol began moving again.

Entering the small town of Kamiliyah, the patrol was welcomed by many children waving and giving "thumbs-up" signs as the lumbering Humvees ambled their way through the narrow lit-

ter-strewn streets avoiding suspicious piles of debris and the omnipresent overflowing open-air sewage trenches.

Though the troops have been up and down these streets tens, if not hundreds, of times since May when they began manning the COP, the Iraqi children seemed to have a keen interest in the Americans. At one point, a little girl and

See "Bushmasters," Page 7

## They're back



1st Bde. McCooey

The crowd erupts in a thunderous cheer as the Soldiers of Company C, 1st Battalion, 34th Armor Regiment enter Hangar 727 at Marshall Army Airfield. The Soldiers returned to Fort Riley Oct. 12 after spending more than a year in Iraq.

## 1st Bde. welcomes 'Cobras', TT Soldiers

By Sgt. 1st Class Ken McCooey  
1st Bde. PAO

More than 200 Soldiers returned to Fort Riley Oct. 12 after spending a year in Iraq providing security for convoys, conducting combat patrols and training Iraqi security forces.

The Soldiers, assigned to Company C, 1st Battalion, 34th Armor Regiment, Military Transition Team 5, and Company C, 1st Battalion, 16th Infantry Regiment, were welcomed home at Hangar 727 on Marshall Army Airfield by friends, family members and fellow Soldiers who packed

the bleachers.

No matter how many Soldiers have deployed, and no matter how many have come home, they all share one common trait in the eyes of Brig. Gen. Keith Walker, assistant division commander, 1st Inf. Div. and Fort Riley. The one common trait they share, according to Walker, is that of being heroes.

"In our country, professional athletes are often honored as heroes; football players, basketball players, baseball players, hockey players and Olympians," he said. "They are not heroes, they are entertainers. You are our heroes."

"Because of you, we can enjoy the entertainment of professional athletes and all the other freedoms and blessings that Americans have," Walker said. "Thank you, well done and welcome home."

Being welcomed home after a year in Iraq almost was too good to be true for some Soldiers, and Capt. Jeffrey Jurand, Co. C, 1st Bn., 34th Armor Regt. commander, was one of them.

"It's a very surreal experience," Jurand said. "It's great to be home and back with the Families. I'm real proud of the guys and everything they did for the year."

See Redeployment, Page 2

## Soldier honored

### Specialist remembered for generosity, friendliness

Staff report

Spc. Frank L. Cady III, 20, was remembered at a memorial ceremony Oct. 16 at Fort Riley's Morris Hill Chapel.

Cady, a chemical operations specialist assigned to Special Troops Battalion, 4th Infantry Brigade Combat Team, 1st Infantry Division, died of injuries suffered in a vehicle rollover Oct. 10 in Baghdad.

Cady showed up to Company B with high expectations, excitement and endless questions, said Spc. Nicholas Read during the Soldier's tribute. He became the little brother of Bravo Company, Read said.

"Things I'll always remember about Cady," Read said, "are first of all his endless talking, the way his thoughts were always years into the future, how it seemed like he knew everyone, his generosity, the time he beat our platoon sergeant in combatives and nobody believed him so he had to do it again, or small arguments about whose citrus gum was better, whether or not he was a true Californian because he listened to

See Cady, Page 10

## From dead last to second, 1st Inf. Div. ups its re-ups

By Pfc. Dustin Roberts  
1st Inf. Div. PAO

The 1st Infantry Division has vastly improved its retention rates.

At the end of Fiscal Year 2007, the division came in second place in retention out of the ten divisions in U.S. Army Forces Command.

After finishing dead last in Fiscal Year 2006, Division Retention Sgt. Maj. Ronald Williams said it is clear that Big Red One Soldiers want to stay on the team.

"Most Soldiers are reenlisting to stay in the unit they are currently in," Williams said. "That speaks about the type of Soldiers that we have here at the 1st Infantry Division."

To help validate the successful year, 34 "Big Red One" Soldiers reenlisted Oct. 2 at Cavalry Parade Field.

Nine Army spouses were present to share the moment.

"This is the most encouraging thing I could possibly feel," said Brig. Gen. Keith Walker, 1st Infantry Division assistant division commander of operations. "At a time when we are at war, when these Soldiers stand forward and take the oath of enlistment to continue on their service as part of the Army team, that is selfless service. That's what these folks are all about."

Williams also mentioned that the retention of Soldiers is a direct reflection on the Soldiers' superiors.

"Leaders retain Soldiers. Soldiers stay in because of their leaders," Williams said. "This speaks highly of the leaders here."

With the nation at war and the pace of today's Army, it is important Soldiers are taken care of if they decide to reenlist, Williams



1st Inf. Div./Roberts

Thirty-four 1st Infantry Division Soldiers take the oath of reenlistment Oct. 2 at Cavalry Parade Field.

said.

"I think it has a lot to do with the timing of deployments here and the bonuses that came out," Williams said. "We want to ensure that the Soldier gets the benefits of the reenlistment; if that's wait-

ing on a bonus, then that's what we'll do."

Williams added that the Big Red One is eager to keep quality Soldiers here and looking forward to moving up to first place in retention next year.

"It's always a great day when you see Soldiers want to stay in the Army, especially with the operations tempo we have today," Williams said. "That's why I say the leadership here in this division is second to none."





Eemarea Dobbins, a fifth-grade student at Iduma Elementary School, speaks to a Soldier from the 2nd Battalion, 26th Infantry Regiment, 3rd Brigade Combat Team, 1st Inf. Div., during lunch. A group of 12 2nd Bn., 26th Inf. Regt. Soldiers visit the school each week.

3rd BCT, 1st Inf. Div./Goodman

# Soldiers revisit their youth at Texas elementary school

By Sgt. Todd Goodman  
3rd BCT, 1st Inf. Div. PAO

FORT HOOD, Texas - Twelve Soldiers from the 2nd Battalion, 26th Infantry Regiment, 3rd Brigade Combat Team, 1st Infantry Division walked into an elementary school of 1,100 students for their weekly lunch date. Some of the Soldiers strode in confidently, while others looked like they were being thrown to the wolves.

"I'm a little nervous," one Soldier was overheard saying.

Each Thursday, 12 Soldiers go to Iduma Elementary School to revisit their childhoods, swap stories and answer questions from kids ranging from pre-kindergarten to fifth grade. They also got to feast on tiny hamburgers and chocolate milk.

"Last time, we spoke about what freedom means," Renee Leonard, 2nd Bn., 26th Inf. Regt. S2 noncommissioned officer in charge, said. "We talked about how America has helped the people of Iraq and Afghanistan and how their freedoms were very limited."

The Soldier visits also do a lot to comfort the children who may have a parent fighting in Iraq. "Some of our kids have both parents over there," Sylvia Frank,

school parent liaison, said. "It helps when they get to speak to other Soldiers and hear that what their parents are doing is important. It especially helps them to see Soldiers who have been down range and now are back, and know that mommy and daddy will be back, too."

"Sometimes you can see that they need to be comforted," Leonard said. "It's comforting to see someone in uniform tell them that everything will be okay."

On this day, however, there didn't appear to be any in need of comfort. The kids were happy, energetic and quickly took hold of the conversations. In several cases, the children were the ones giving the lessons.

"They are teaching me," Pvt. Christopher Cortez said. "I'm serious. They just taught me two words in French." Those two kids also were pretty good in sign language.

"Have you ever been to Iraq?" Eemarea Dobbins, a fifth-grader, asked. "Have you ever been shot?"

"I've been shot at," Cortez answered. "I'm not supposed to tell you guys the gruesome details."

Once that group of kids finished their meals, Cortez took a seat at another table where the conversations continued.

"I'm just learning a little about what they do," he said. "RIGHT now, we are talking about DEAR (drop everything and read). Apparently, they read in the morning. We're also trying to figure out if you hang upside down and blood rushes to your head, do you pass out?"

Indeed, a question for the ages. Just sitting around in a throng of youth allowed the Soldiers to rewind the clock to revisit their youth.

"I'm having fun," Sgt. Mark Norvell, 2nd Bn., 26th Inf. Regt. chemical NCO, said. "It reminds me of how I was when I was younger."

Many children had one particular question on their minds. "Do you know my dad?" The Army is a small world, but apparently not small enough as the answer kept coming back as "no." Other children, however, just shot from the hip and whatever came out, came out.

When asked whether or not he had taught the Soldier anything, fifth-grader Martin Hale, the son of a retired Soldier and already a world traveler, said, "Yeah. The Dominos pizza in Germany is fake." Anything else you taught him? "Yeah. Never mess with kids."

Tough crowd.

# Redeployment continued from page 1

They're the reason we were so successful over there."

Another success Jurand had was bringing back every Soldier he deployed with. The ability to do that, he said, was due to the leadership in his unit, from top to bottom, and doing the small things right every time.

"It's a very routine mission, and it was keeping the focus every single day, taking it one day at a time, and doing all those right things every single time we could and the leaders enforcing all those standards," he said. "That's what the leaders get paid to do, the hard work of keeping guys focused even though it does become routine and competitive at times, to find creative ways at times to keep them focused on what's really important."

Just as bringing home all the Soldiers was an important mission, so was conducting more than 200 successful combat patrols over 330,000 miles of road.

"(Bringing home all of my Soldiers) was certainly a very important accomplishment, as leaders we always want to bring everyone back home, but it's a war and it's conflict," he said. "We are mentally prepared (for the worst), but thankfully I never had to go through that experience with losing one of my own. So from that standpoint alone, it's 100 percent successful."



1st Bde./McCooley

David Holt rushes to give his father, Sgt. Danny Holt, a hug following a redeployment ceremony Oct. 12 at Fort Riley. More than 200 Soldiers who had been deployed for more than a year to Iraq were welcomed home during the ceremony.

Other Soldiers also were grateful to finally be back at the post they call home. For Capt. Ben Knoblet, a member of Military Transition Team 5, the event was especially joyful as he got to be reunited with his newborn son.

"I've got a son that's six months old, and it's good to see him," he said. "It's a relief that the whole team made it home - not just the whole team but the entire

class." Despite his experiences in Iraq and being thousands of miles from his family, Knoblet said focusing on his job allowed him to keep his spirits up until he finally was able to touch down at Fort Riley.

"You get out of bed and do your job, whatever time it is day or night, and do your job until it's time to come home," he said.

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STB Commander Lt. Col. Robert Brem and Command Sgt. Maj. Eugene Thomas, uncash the STB, 1st Sust. Bde. colors. The unit was scheduled to deploy to Camp Taji in July, but due to deployment extensions they were pushed back to October. "We couldn't have asked for better support from the battalion in getting us ready to come on in and begin setting up and taking over the mission," Brem said.



## Taking over

Staff Sgt. Loretta Maldonado (right), building manager for the 1st Sustainment Brigade oversees the placement of the 1st Sust. Bde. banner inside Dining Facility 2 on Camp Taji, Iraq. "It's great! It gives us a feeling of ownership; like we're home," Maldonado said. The 1st Sust. Bde. deployed to Taji recently and took command from the 15th Sustainment Brigade. "So far it's went really smooth. Everyone here gets along really well," Maldonado said.

1st Sust. Bde./Maude

# STB takes over in Taji

After delay, better-trained unit gets to work

By Pfc. Andrea Merritt  
1st Sust. Bde. PAO

CAMP TAJI, Iraq – The Special Troops Battalion, 1st Sustainment Brigade, took the reins and accepted the mission from the 15th Brigade Troops Battalion, 15th Sustainment Brigade, in a battalion transfer of authority ceremony Oct. 13 at the Morale Welfare and Recreation Community Center and Theater.

The 15th BTB eased its colors and the STB uncashed theirs, signifying the change of responsibility between battalions. Now its mission is complete, the 15th BTB can focus on returning home to Fort Hood, Texas.

"Fifteenth BTB, job well done," said Col. Andre Piggee, commander of the 15th Sust. Bde. "I know (Lt. Col. Robert Brem, STB commander) and his family personally. I know this battalion is in great hands. They're well trained and more than capable of conducting combat operations."

The STB now is responsible for providing logistical support, personnel, and personnel and financial management operations

throughout Multi-National Division – Baghdad.

"They did an absolutely outstanding job in receiving us and setting the conditions for us to be able to rapidly step in and take over the missions here on Camp Taji and that didn't just start when we hit the ground here," Brem said of the 15th BTB.

The two units corresponded via video teleconferences and phone calls prior to the STB's deployment, which originally was planned for July. Due to the deployment extensions, the 15th BTB was extended and the STB's deployment was pushed back three months.

"We were trained and ready to come back in July, but we're more ready and better trained now," Brem said. "We're excited to be here... It's going to be a busy 15 months and we're going to do everything we can to improve on the foundation that they built. We're looking forward to that challenge and can't wait to get started."

The brigades are scheduled to conduct their transfer of authority ceremony Oct. 19 at brigade headquarters.

## Task force provides Humvee training

By Sgt. Aaron R. Gott  
166th Avn. Bde.

The Army's newest and most ubiquitous vehicle in Iraq is the M1114 Armored High Mobility Multi-Wheeled Vehicle, featuring a 6.5-liter turbo-charged diesel engine much more powerful than its predecessor's, the M998 HMMWV Troop Carrier — mainly because it weighs more than twice as much.

As a result, Soldiers inexperienced with the new vehicle are much more likely to experience a collision or rollover without training.

Task Force Dependable's Drivers Training Team, under the leadership of Maj. Russell Orton and Master Sgt. Howard Brace, provides transition teams en route to Afghanistan and Iraq with classroom instruction and hands-on experience with the features of the new Humvee.

Not only do teams get experience driving the up-armored, air conditioned model fit for the hostilities of desert combat, but they also learn the proper procedures for preventive maintenance checks and services, vehicle recovery, and how to escape an over-turned Humvee.

Driving an M1114 is much like driving any other Humvee, but with it comes over 6,000 extra pounds of armor and equipment for protection from small-arms fire, rocket-propelled grenades and improvised explosive devices.

Because of the extra weight, the M1114 is more dangerous with an inexperienced driver at the wheel than previous models. While Soldiers are not expected to understand the effect it has on their equipment.

To combat inexperience, transition teams get street time over a period of three days courtesy of the Drivers' Training Team.

Soldiers drive the Humvees on several on- and off-road courses during the day and at night, with night-vision goggles. Observer/controllers from the Drivers' Training Team sit in the passenger seat and offer corrective instruction and praise to drivers as they make mistakes and learn from them.

One of the courses offers obstacles — construction barricades, debris and damaged civilian utility cargo vehicles that require drivers to manipulate their M1114s onto shoulders and

into ditches quickly and decisively while maintaining a disciplined convoy.

Sgt. 1st Class Anthony Piper, certified masterdriver, gives instruction on the specifications of the M1114 and gives a hands-on demonstration of the proper procedures for preventive maintenance. Piper's classes feature a plethora of side comments about the details of the M1114, especially those relating to its various gadgets.

After Piper's primer, Staff Sgt. Kenneth Franklin instructs teams on the proper procedures for performing quick recoveries of the M1114 with a standard tow bar.

The newest development in the Army's drivers training is the Humvee Egress Assistance Trainer, a simulator that actually flips Soldiers upside down as if they were involved in a rollover. Soldiers then are required to evacuate the vehicle and account for all sensitive items within 15 seconds.

At the mercy of Staff Sgts. Alan Accardi and Francis Johnson, the teams enter the first simulator for a demonstration.

The Soldiers are oriented to the angle at which a Humvee is

likely to continue to rollover — 25 degrees.

They then are flipped a full 180 degrees to cause disorientation. While this occurs, Accardi and Johnson watch in-vehicle cameras and communicate with the team via loudspeakers inside the cab.

After Soldiers have a preview of the task ahead of them and understand what is expected, they enter a second simulator for their practical exercise.

This simulator features a soft landing area to prevent injuries. After securing themselves in the cab, Spc. Aubrie Jones rotates the cab back and forth several times, eventually stopping at 180 degrees.

After Jones yells, "EGRESS!" the Soldiers have 15 seconds to be completely out of the vehicle with their equipment. Communication, teamwork and casualty evacuation all are requirements for a first-time go.

While the M1114 was commissioned to save the lives of Soldiers in combat, proper training from Task Force Dependable's Drivers Training Team can help save them from the vehicle itself before Soldiers even begin to worry about the dangers of combat.

**What's happening in your unit?  
The Post wants to publicize interesting and informative articles about all organizations stationed at Fort Riley.  
Call the editor at 239-8854. Let's talk.**

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# Aviation clinic gets new name

*'Dustoff' pilot, Medal of Honor recipient flew more than 5,500 Soldiers to safety*

By Lisa M. Medrano  
LACH PAO

The medical clinic at Marshall Army Airfield was renamed Oct. 9 in honor of Chief Warrant Officer Michael J. Novosel Sr., a Medal of Honor recipient from Vietnam.

Novosel was a decorated "dustoff" pilot who dedicated more than 44 years to active federal service. According to his official biography, Novosel's military career began at the age of 19 when he was commissioned in the U.S. Air Force and flew combat missions against the Japanese as a B-29 bomber pilot. He earned the rank of lieutenant colonel in the Air Force Reserve before accepting an appointment as an Army Chief Warrant Officer in 1964 at the age of 42.

At that time, Novosel became a dustoff medical evacuation pilot and served with the 82nd Medical Detachment - a unit now known as Company C, 2nd Battalion, 1st Aviation Regiment, Combat Aviation Brigade.

During two tours in Vietnam, Novosel was credited with extracting more than 5,500 wounded Soldiers and Vietnamese.

The Family's legacy, however, doesn't stop there. About the same

time Novosel earned the Medal of Honor, his son, now retired Chief Warrant Officer Michael J. Novosel Jr., also joined the Army as a dustoff pilot. Together, the father and son are credited with rescuing more than 7,000 Soldiers, as well as each other, during their simultaneous tours in Vietnam.

The elder Novosel died April 2, 2006, at Walter Reed Army Medical Center at the age of 84. His son, who now resides in Florida, often accepts speaking engagements to reminisce about the memories he cherishes of his father.

"My dad was a Soldier who served until the day he died," Novosel Jr. said at the clinic ceremony. "He would be honored with the naming of the Novosel Aviation Medical Clinic, but his comments would have been that he was, 'just doing his job.'"

With the build-up of the Combat Aviation Brigade in 2006, the aviation clinic reopened its doors September 2006. The clinic provides sick call, annual flight physicals, hearing and vision screening, electrocardiograms, limited pharmacy and lab services and minor procedures. Enrolled Family members soon will be able to access acute and routine appointments at the clinic also.



Courtesy photo  
During their simultaneous tours in Vietnam, Michael J. Novosel Sr. and his son were credited with saving more than 7,000 Soldiers, as well as each other.

## Post, Army news briefly

### Home buying seminar set

The Housing Services Office will sponsor a home buying seminar from noon to 1 p.m. Oct. 24 at the Soldier and Family Support Center, Building 7264, Room 30. For more information on the seminar, call 239-2767.

### Pre-retirement orientation set

The semi-annual pre-retirement orientation will be conducted from 8 a.m. to 4:30 Nov. 2 with registration starting at 7:30 a.m. at Riley's Conference Center.

This orientation is for individuals who have submitted their request for retirement, however, any Soldier contemplating retirement in the near future will be welcome to attend. The purpose of this orientation is to receive information concerning rights, benefits and responsibilities in conjunction with retirement. Soldiers who are eligible for early retirement (medical reasons only) also should attend. Spouses of retiring personnel and prospective retirees are invited and encouraged to attend. This orientation is a requirement in accordance with AR 600-8-7 and Soldiers may attend as many times as they wish. For more information, visit the Retirement Services Office, Building 210, or call 239-3320 or 239-3667.

### CMU sponsors book drive

Central Michigan University at Fort Riley will be sponsoring a book drive to benefit the Warrior Transition Unit. New and books that are gently used (no markings or dog ears) are needed. Books needed are children's books (for ages 1-10), westerns, romances, mysteries and New York Times best sellers. The book drive will be conducted during the month of October. Drop off locations are the Warrior Transition Unit, Building

761A; the Soldier and Family Support Center, Building 7264; the Army Education Center, Building 217; and the Central Michigan University Office, Building 215. Arrangements for book pick-ups can be made by calling the Central Michigan University office at 784-4402. For more information on the book drive, call Larry Brockson at 784-4402 or 1st Sgt. Cindy Rutz at 239-8494.

### Discover Riley's treasures

Newcomers to Fort Riley, and those who wish to learn more about the post are invited to attend a post orientation Nov. 21 offered by Army Community Service's relocation staff. Participants will learn fun facts, interesting information and what the Fort Riley area has to offer. Orientations will be held the first Friday of every month. Contact ACS - Relocation at (785) 239-9435 or site2665@riley.army.mil to reserve a seat.

### \$5,000 reward offered by CID

The Criminal Investigation Division is offering a \$5,000 reward for information leading to the identification, apprehension and conviction of the person(s) responsible for the offense of larceny of government property and housebreaking. Between July 19 and Aug. 12 unidentified individual(s) entered Room 215 in Building 7647 and Room 215 in Building 7649 at Fort Riley and stole several items of military equipment, to include Interceptor Body Armor (IBA) vests, Enhanced Small Arms Protective Insert (ESAPI) plates and ballistic helmets from several secured storage cages. The stolen goods are valued at approximately \$8,929.49. Anyone with information concerning this incident is urged to call the Fort Riley CID office at (785) 239-3931 or the Military Police at (785) 239-6767.

# DoD predatory lending regulation takes effect

By Capt. Jack Nichols  
OSJA

Effective Oct. 1, the Department of Defense adopted new regulations to combat predatory lenders and to protect servicemembers and their families from high-cost, short-term loans. Lending practices that are generally considered to be predatory include: lending without regard to the borrower's ability to repay; charging excessive fees and interest rates; balloon payments with unrealistic repayment terms;

wealth stripping associated with repeat rollovers or continuous refinancing; and fraud and deception.

Predatory lending causes many problems for consumers. Primarily, it functions as a debt trap that is very difficult for consumers to escape.

Lenders trap borrowers by issuing loans with little regard for the consumer's ability to repay and imposing an unrealistic payment schedule with high fees and interest. When borrowers cannot repay the loans, lenders give them the chance to roll over

or refinance the loan for more fees and interest, causing a consumer to become mired in a continuous cycle of debt.

The new DoD regulation helps servicemembers and their families by setting a 36-percent cap on the annual percentage rate that can be charged on payday loans, vehicle title loans and tax refund anticipation loans.

Prior to the regulation, lenders frequently charged an annual percentage rate of over 295 percent. All financial institutions are subject to this regulation. Additionally, all servicemembers and their

families must receive both written and oral disclosure statements informing them of their rights before becoming obligated on one of these loans.

Part of the written disclosure statement must reference other available options for obtaining financial assistance and/or advice, such as from Army Emergency Relief or from a local legal assistance office.

If you have questions about the changes to the pay day lending laws or consumer loans in general, please call the Legal Assistance office at 239-3117.

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# Commentary

## Riley Roundtable

This week's question:

What's the best piece of advice an NCO has given you that has influenced your career?



"Think Family. Stay motivated."

Pvt. Misty Roberts  
Human resource specialist  
HQ, 1st Inf. Div.  
Home: Santa Barbara, Calif.



"Not only look out for yourself, but also look out for your Soldiers because they will look out for you."

Cpl. Robert Owen  
Training NCO  
HQ, 1st Inf. Div.  
Home: Fort Worth, Texas



"Do it for yourself because no one else is going to do it for you."

Sgt. Ellen Crumbo  
Signal support system sergeant  
HQ, 1st Inf. Div.  
Home: Snellville, Ga.



"Don't bring the standards down to you, rise up to the standards."

Pvt. Steven Jones  
Signal support system specialist  
HQ, 1st Inf. Div.  
Home: Bay Minette, Ala.



"Do what you are told and you won't get in trouble."

Spc. Jeremy Ortman  
Signal support system specialist  
HQ, 1st Inf. Div.  
Home: Chicago

### Letters to the editor:

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and a phone number where he or she can be reached.

Letters may be edited to fit space but never edited to change the writer's viewpoint. Send letters to [anna.morelock@onus.army.mil](mailto:anna.morelock@onus.army.mil) or fax them to 239-2592.

### Commander's Corner

## Some AAFES questions answered

By Col. Richard Piscal  
Garrison commander

We recently broke ground on a brand-new Army and Air Force Exchange Service Post Exchange here at Fort Riley. The multi-million dollar facility will be conveniently located next to the Commissary and is expected to be completed in early 2010. It will be twice the size of the existing PX and feature even more products and services than its predecessor.

We're all eagerly anticipating the completion of this massive construction project, which I'm sure will prove to be an excellent quality of life boost for all of us at Fort Riley.

On the subject of AAFES, I thought I'd take the opportunity to remind you about this great benefit offered to military members and their Families.

AAFES operates with a two-fold mission to provide low-priced goods and services to Soldiers, Airmen and their Families and to generate earnings to supplement congressional appropriations in support of military Morale, Welfare and Recreation programs. In Fiscal Year 2006, MWR and service programs received \$228.2 million from AAFES. Locally, 70 cents out of every dollar spent at the PX goes back to quality of life initiatives for Fort Riley Soldiers.

Here are a few frequently asked questions about AAFES:

**Why are AAFES prices higher than some civilian stores?**

AAFES strives to offer merchandise to customers at an aver-



Col. Richard Piscal

age "overall" savings of 20 percent when compared to outside retail prices.

Today AAFES faces increasingly stiff competition, and there are many ways outside retailers can undersell them on items. For example: Outside retailers will feature "loss leaders" to draw customers into their stores, hoping to make up the loss on other higher-priced items. For this reason, AAFES follows a price matching policy called "We'll Match It!"

Under "We'll Match It," if a customer sees an identical item currently advertised by another retail store in the local area for less than AAFES' price, the customer can bring in the ad and AAFES will match the price. Local area boundaries are determined by local management.

Even if a customer tells a service representative about an "everyday low price" that is not advertised, AAFES will verify the information, then lower their price to match it. In fact, if the price difference is less than \$10, they'll lower the price for the customer immediately - no proof required.

In addition, with the AAFES 14-day price guarantee policy, if a customer buys an item at the PX and finds it subsequently sold at a lower price (whether at the exchange or a local retailer), it will refund the difference when

presented a receipt within 14 days of purchase. And, post exchanges have an associate (price surveyor) assigned to monitor the competition's prices, and to verify price challenges.

**Why is there a difference between the Commissary and AAFES prices?**

The Defense Commissary Agency is an "appropriated fund" activity. Commissaries are funded by tax dollars and sell groceries and other household merchandise at cost plus a 5 percent surcharge. The surcharge is used to pay for commissary construction and renovation projects.

AAFES is a "non-appropriated fund" activity, operating almost entirely on money earned from the sale of goods and services - not tax dollars. They must establish their prices to cover operating expenses such as inventory costs, employee salaries, utilities, plus new construction and renovations of existing facilities. At the same time, AAFES has a financial commitment to support the MWR activities of the Army and the Air Force.

**Why are off-post gasoline prices sometimes lower than prices at the AAFES pump?**

Motor fuels are priced to be competitive with local community prices, which will generate an acceptable rate of return to AAFES and provide a reasonable price to the customer. At Fort Riley, five outside gas stations are surveyed daily, to ensure the prices on post are competitive.

Two of the stations surveyed are just outside the gate in Junction City, and three are outside the

gate in Ogden.

Based on an average of these five stations, AAFES sets its fuel sell price for that day. However, they will never sell fuel below cost. Therefore, there may be times that prices don't line up directly with the stations outside the gates.

In addition, there may be times when the prices between the two cities vary by a large amount, and the average puts AAFES below one city or another. For example, Ogden stations may have an average price of \$2.63, and Junction City stations have a price of \$2.69. Based on that data, the post gas stations would set their price at around \$2.66, depending on the cost of fuel.

**How do I make suggestions about the type of merchandise carried in the stores or a comment about the service I received at a store?**

The quickest and easiest is to contact the store manager of the facility you're in. His or her picture and contact information is located at the main entrance of that facility.

You can also fill-out an online customer comment at [www.aafes.com](http://www.aafes.com). Here's the path to get there: Click on the "Contact Us" link located at the bottom left-hand side of the homepage and log on to the secure site. The BX/PX customer comment link is located at the top of the second column on the Contact Us page.

And lastly, you can send your question to Stanley Young, the general manager for Fort Riley and McConnell Air Force Base facilities at [young@aaefes.com](mailto:young@aaefes.com).

### Getting Help

## Victims aren't alone

Victim Advocate Program

October is national Domestic Violence Awareness Month and Fort Riley's Victim Advocate Program will be sponsoring events throughout the month for education, prevention and intervention. The primary goals of the Victim Advocate Program are to ensure safety and empower individuals to make their own decisions to improve their quality of life. Instillation victim advocates are available 24 hours a day. The Victim Advocate Program is a voluntary program that provides services to adult victims of domestic violence. Services offered through the program are: risk assessments, safety planning, assistance with protective orders, liaison with command, training and education, emotional support, crisis intervention, referrals and resources.

Two reporting options are available to victims of domestic violence, unrestricted and restricted reporting.

Unrestricted reporting typically enlists the command, military police, and the Family Advocacy Treatment Program to ensure abusers are held accountable and victims receive the services they need. Victims of domestic abuse who choose to make an unrestricted report can receive services through the Victim Advocate Program.

Restricted reports can be made to a victim advocate, health care

provider or the Family Advocacy Program manager. With a restricted report, victims can receive support through the Victim Advocate Program and health care without having command and military police involvement and without an investigative report being made. The restricted reporting option allows victims the opportunity to have control over the situation, and they are empowered to make their own choices as to who is involved.

The few exceptions to the restricted reporting policy can be addressed by a victim advocate with a victim during the assessment of the situation.

It is important to remember that domestic violence is about power and control, about one person taking away their partner's power and gaining power over them through patterns of violence. The Victim Advocate Program staff wants victims of domestic violence to know they have choices, and help always is available.

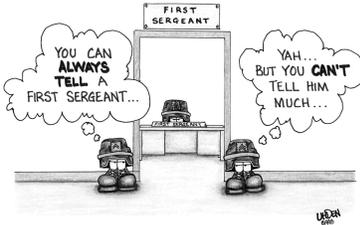
For more information about the Victim Advocate Program or domestic violence, call (785) 239-9435, or the 24-hour response line at (785) 307-1373.

An additional resource for victims of Domestic Violence and Sexual Assault is The Crisis Center, Inc. The Crisis Center, Inc. is a free and confidential agency and can be reached at (800) 727-2785.

### Stay In Step with Fort Riley

See what's happening on Fort Riley. Watch cable Channel 2 every day at 8 a.m., noon and 6 p.m.

### Grunt By Wayne Udden



### FORT RILEY POST

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THE MILITARY  
SPOUSE





# Promotion qualification scores for November listed

HOUSE FILL AD

Dept. of the Army	15S	512	798	757	757	25S	592	677	720	720	63A	654	798	798	798	92M	798	798	798	798
	15T	499	505	667	719	25U	502	507	685	685	63B	539	551	693	698	92R	522	531	787	798
Soldiers who are otherwise eligible and held recommended list status as of Sept. 1 and who meet or exceed the cut-off score as they appear below, and the criteria listed below, may be promoted effective November 1.																				
Promotion Qualification scores for promotion during November:																				
MOS	PZ	SZ	PZ	SZ		21B	418	422	450	450	35H	406	408	498	510	68H	688	798	798	798
08L	350	350	450	450		21C+	350	350	450	450	35K	798	798	798	798	68I	686	690	761	775
11B	426	427	450	450		21D+	350	350	450	450	35L	515	515	450	450	68K	760	798	798	798
11C	495	500	450	450		21E	423	467	*	*	35M	484	484	450	450	68M	798	798	798	798
13B	425	428	653	654		21H	*	*	471	471	35N+	350	409	450	450	68P	798	798	798	798
13D	798	798	568	568		21J	612	798	*	*	35P	798	798	798	798	68Q	716	798	798	798
13F	454	454	453	456		21K	619	688	*	*	35S	637	798	798	798	68R	654	798	791	791
13M	424	425	612	612		21L	798	798	798	798	35T	623	798	450	450	68S	798	798	798	798
13P	403	416	659	659		21M	647	647	675	675	37F	473	474	553	563	68T	708	798	789	789
13R	798	798	798	798		21N	*	*	661	670	38B	798	798	509	522	68V	798	798	797	798
13S	621	643	747	793		21P	798	798	745	798	42A	595	610	761	761	68W	634	642	755	758
13W	798	798	798	798		21R	448	798	*	*	42F	609	617	*	*	68X	675	798	776	796
14E	370	385	798	798		21S	798	798	798	798	42L (See 42A)					74D	577	579	798	798
14J	798	798	599	599		21T	570	798	450	450	42R	440	442	724	724	79R	*	*	517	607
14R	798	798	450	450		21U	502	581	798	798	44B	467	467	*	*	79S	*	*	798	798
14S+	350	413	522	522		21V	350	350	618	618	44C	767	798	792	798	88H	798	798	798	798
14T	444	798	594	609		21W	616	798	*	*	44E	559	798	798	798	88K	542	693	634	642
15B	561	798	665	798		25B	798	798	647	647	45B	735	798	*	*	88L	517	798	798	798
15D	631	798	720	798		25C	446	456	618	618	45G	798	798	*	*	88M	371	378	686	692
15F	573	798	730	740		25D	(See 25B)				45K	798	798	757	798	88N	451	461	603	643
15G	643	798	798	798		25F	798	798	798	798	46Q	396	499	450	450	89A+	350	350	*	*
15H	526	526	625	643		25L	798	798	798	798	46R	616	798	450	450	89B	798	798	592	596
15J	522	568	749	749		25M	665	798	798	798	51C	*	*	798	798	89D	510	531	450	450
15N	393	391	798	798		25N	798	798	684	684	52C	669	798	798	798	92A	649	706	798	798
15P	632	645	702	702		25P+	350	798	450	450	52D	647	676	798	798	92F	658	687	788	788
15Q	531	798	644	653		25Q+	350	350	798	798	56M	654	679	722	722	92G	601	605	712	729
15R	608	619	798	798		25R+	350	350	658	798	62B	602	619	747	767	92L	741	741	798	798
																				+ denotes star MOS

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# 'Bushmasters' continued from page 1

her sister passed the convoy multiple times as it halted briefly before beginning its journey.

## COP Bushmaster

Ultimately, the "EPF Airways" flight had been quiet. The patrol entered COP Bushmaster with little fanfare except for the smiling faces of fellow Soldiers eager to be relieved by 1st Platoon.

Nestled near the town's industrial complex, camouflage netting and concertina wire signaled the quiet presence of the COP. Home to at least two platoons for almost a week at a time, the two-story building is the base of operations for the Bushmasters, attached to the 2nd Brigade Combat Team, 2nd Infantry Division, operating in eastern Baghdad out of Forward Operating Base Loyalty.

The unit's parent brigade, the 4th Infantry Brigade Combat Team, 1st Infantry Division from Fort Riley, operates out of Forward Operating Base Falcon, in the Rashid District on the south side of the Iraqi capital.

The quiet complex, which has grown quieter yet since Moqtada Al-Sadr called for a six-month cease-fire in August, has the basic needs a Soldier could ask for with few exceptions.

Hot meals twice a day. Internet access, telephone service, satellite television, a full-sized gym with free weights and wrestling mats are some of the amenities that greet the Soldiers after a mission outside the relative safety of the COP's wire.

Despite the many modern amenities, the COP's lone shower consists of a refillable bag attached to a low ceiling allowing



**Staff Sgt. Lucas Horn, 23, an infantryman from Portland, Ore., assigned to Company B, 2nd Battalion, 16th Infantry Regiment, 4th Infantry Brigade Combat Team, 1st Infantry Division based at Fort Riley, Kan., and attached to the 2nd Brigade Combat Team, 2nd Inf. Div., stands guard at the entrance to the Kamiliyah Neighborhood Council Hall Oct. 11.**

a single Soldier a cramped chance to wash off a mission's grime. Then there are the six wooden latrines, where the contents are pulled out in barrels torched with a touch of diesel fuel.

Despite conditions that make "Fobbits" cry foul, the Bushmasters stoically agreed they would take COP-life over FOB-life any day. In an era where there is no rear echelon, "Fobbits" are what Soldiers who routinely pound the

Iraqi landscape call those who stay on the FOBs.

"It's not that bad," said Spc. Jonathan Turk, a gunner from Houston, as he slowly smokes a cigarette. "It could be a whole lot worse."

The truck commander of his vehicle agreed.

"It's much better than staying on the FOB and making that trip twice a day," said Cpl. Jacob Price, a red-haired, 21-year-old

from Eureka, Calif.

During the first months at the COP, the Bushmasters had to withstand triple-digit temperatures while their air conditioning and electric generators sputtered and died. They said they lost at least ten AC units in the first month alone.

On Sept. 29, their platoon sergeant, Sgt. 1st Class James Doster, was killed by an improvised explosive device while trav-

eling the stretch of road the patrol had just traversed.

"We are rolling with the ball," said Staff Sgt. Jose Vera, a 26-year-old infantryman from Philadelphia. "That is what Doster would want us to do. We are doing the same things as before."

The air at the COP is ripped apart with laughter around the same time each day. One of things that makes the Soldiers laugh heartily are the re-runs of America's Funniest Home Videos shown on Saudi Arabian television.

## A meeting and night's rest

Soon the Bushmasters would be back on the streets making their presence known to those whom they are there to protect—the Iraqi people.

A few hours after its arrival, 1st Platoon once again was cautiously driving through town, this time to the Kamiliyah Neighborhood Council Hall where Capt. Jermaine Hampton was scheduled to meet with the council chairman about current issues affecting the village.

"Looks like it will be a long meeting," said 1st Lt. Edward Boland, 1st Platoon's platoon leader, as he stood guarding the front door of the bustling hall. Four sheiks in traditional dress had entered the complex where locals gather for everything from medical care to resolving business issues.

The troops fanned out in their Humvees outside the complex walls while others went inside for added protection.

"There is a convoy approaching," crackled a voice on Boland's radio.

Boland said "Ranger 6," or Lt. Col. Ralph Kaulzarich, 2nd Bn., 16th Inf. Regt. commander, was arriving for face-to-face talks with the sheiks.

Inside the large, well air-conditioned room on the second floor, Kaulzarich and Hampton sat across from the sheiks with the chairman sitting behind his desk under an Iraqi flag.

After initial pleasantries, Kaulzarich told the sheiks, "We have captured these three individuals. They are bad men... We have had numerous people tell us they were bad."

The tribal elders listened and asked some questions, and nodded in agreement when Kaulzarich said a contractor scheduled to do work in the town was fired because he failed to work in a manner timely enough to help their people.

Downstairs, children began to congregate at the gate straining to get a glimpse or maybe a treat from the Soldiers.

Soon the meeting ended, and the sweat-drenched Soldiers headed back to their base for some rest and hot chow.

As the sun began to sink into the dust on the horizon, the Soldiers found out why the meeting took as long as it did — there would be no night mission that evening, allowing the sheiks to maintain order over their people.

*This story is the first in a two-part series on life at Coalition Outpost Bushmaster in Kamiliyah, Iraq.*

# Holiday deadlines rapidly approaching for troop support

## AAFES

DALLAS - While the holidays may still seem far away, Americans hoping to show their support to deployed troops must be aware of some rapidly approaching deadlines set by the Military Postal Service Agency: mail going parcel post must be sent by Nov. 14 while first-class mail must be sent by Dec. 10 to arrive by Dec. 25.

In addition to deadlines, several other factors must be consid-

ered when sending mail down range. For example, each country has customs regulations that apply to all incoming mail, pertaining to everything from food items to reading materials. Furthermore, military units also may have additional restrictions concerning incoming mail imposed by unit commanders relative to size and weight to ensure logistics support can handle the heavy mail load. Finally, all packages and mail now must be addressed to individ-

ual servicemembers as required by U.S. Department of Defense regulations.

In order to help facilitate the mailing process and avoid many of the obstacles that come with the traditional care packages, the Army and Air Force Exchange Service created "Gifts from the Homefront," a campaign that allows anyone to make a direct and tangible contribution to military morale with a gift certificate that can be redeemed for nearly

anything a specific servicemember wants.

"A package from home is certainly nice, but cookies get stale and fragile electronics can break," said AAFES Chief of Communications Lt. Col. Dean Thurmond. "A 'Gift from the Homefront' gift certificate can alleviate a great deal of burden for the post office and sender while ensuring Soldiers, Airmen, Marines and Sailors are able to get exactly what they desire or need."

AAFES currently operates 53 facilities in support of Operations Iraqi and Enduring Freedom. While inventories can vary from location to location, most facili-

ties carry a full assortment of health and beauty items, toiletries, snacks and drinks.

"Gifts from the Homefront" can be sent to deployed troops by logging on to [www.aafes.org](http://www.aafes.org) or calling (877) 770-4438. From there, the gift certificates are sent to individual servicemembers (designated by the purchaser) or distributed to "any servicemember" through the Air Force Aid Society, American Red Cross, Coalition to Salute America's Heroes, Fisher House, Navy-Marine Corps Relief Society, Operation Homefront, Operation Interdependence® or USO. "Gifts from the Homefront" gift certi-

icates can be redeemed at exchange facilities worldwide.

Recent reports indicate troops shopping their contingency exchanges are reaching for beauty items, soft drinks, snacks, Military Exchange Global prepaid calling cards, magazines, movies and more.

As of Sept. 30, approximately 92,900 "Gifts from the Homefront" gift certificates have been sent since the Department of Defense approved the exchange support campaign in March 2003. More than 23,500 of these have been delivered to servicemembers and their Families via AAFES' 10 charitable partners.

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# Security detachment rides with Latin flavor

By Pfc. Nathaniel Smith  
4th IBCT, 1st Inf. Div. PAO

BAGHDAD - The sense of brotherhood Soldiers have with each other, whether they served together, with separate units or even in separate wars, comes from shared experiences that only fellow Soldiers would understand.

The Hispanic troops in 1st Battalion, 18th Infantry Regiment, 2nd Brigade, 1st Infantry Division's personal security detachment, said they have another special bond due to their cultural background.

"I bonded with these guys right away," said Spc. Oscar Tovar, a medic with the 1st Bn., 18th Inf. Regt. PSD from Palm Springs, Calif., of his Latin American battle buddies.

"I try to get along with everybody," said Spc. Gustavo Pena, a gunner with the 1st Bn., 18th Inf. Regt. PSD from Miami. "but we grew up with the same things."

While there are similarities between the Hispanic Soldiers on the "Vanguard" PSD, they said their heritage had less to do with their decision to serve than did the calling to do the right thing.

"Our culture has a lot to do with the Bible and about doing good things. Part of that is serving

our country," said Spc. Daniel Montanez, a driver on the 1st Bn., 18th Inf. Regt. PSD from New York.

For Tovar, it had less to do with being a Latin American and more to do with simply being American.

"I'm American so it just seemed right. The last Tovar to fight in a war was my great-grandfather's brother at the turn of the 19th century in the Mexican Revolution," said Tovar, whose father was denied enlistment during Vietnam for medical reasons. "I just thought it's my turn."

For Pena, who moved to the United States from Colombia at the age of 18, it was about giving something back to his adopted country.

"The country took us in as refugees. They give us jobs, and you can actually get a life for yourself," said Pena, who is currently going through the process of obtaining his U.S. citizenship. "You should give back to the country, so I stepped up."

Being Hispanic has had little bearing on how they have been treated in the Army, Montanez said. Instead, they get treated like every other Soldier and are rated on one thing - performance.

"I don't think (race) really mat-



4th IBCT, 1st Inf. Div./Smith

**Spc. Daniel Montanez, a Bradley driver on the 1st Battalion, 18th Infantry Regiment, 2nd Brigade, 1st Infantry Division personal security detachment from New York, prepares for a mission at Forward Operating Base Falcon in southern Baghdad Sept. 8. Montanez, who grew up in a predominantly Puerto Rican community, said he felt the emphasis on good works in his heritage influenced his decision to serve.**

ters as long as you just do your job," he said.

Pena and his battle buddies have been doing their jobs and giving back to their nation, whether it's their adopted or native land, for the past 14 months, and they don't seem to be ready to quit anytime soon. Tovar,

Montanez and Pena all have reenlisted to continue their service.

The 1st Bn., 18th Inf. Regt. Vanguards are deployed out of Schweinfurt, Germany, and currently are attached to the 4th Infantry Brigade Combat Team, 1st Infantry Division



4th IBCT, 1st Inf. Div./Smith

**Spc. Oscar Tovar, a medic on the 1st Battalion, 18th Infantry Regiment, 2nd Brigade, 1st Infantry Division from Palm Springs, Calif., scans his sector on a mission in southern Baghdad's Rashid District Sept. 8.**

## Related story - Hispanic Heritage Month

See page 11 for a story on Fort Riley's Hispanic Heritage Month Observance with guest speaker, retired Lt. Col. Alfred Rascon, an immigrant from Mexico who rose to the rank of lieutenant colonel, received the Medal of Honor and served under President George W. Bush

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# Cady continued from page 1

country music and the California, Florida war we started."

Cady was very smart and knew all of his jobs - of which he had many - inside and out, Read said.

"Even with all of his responsibilities he was the one you would go to first if you needed a helping hand. It was like it was impossible for him to say no."

For four months in Iraq, Cady spent 12-hour days check ID cards at the area Post Exchange, a job, Read said, that would drive most people crazy.

"He said he kind of liked it because he got to meet so many different people ... If you walked around the (Forward Operating Base) with Cady you couldn't go ten feet without him stopping to talk to someone he knew."

His gift of gab was a gift because that how he met so many people and also a curse because he didn't know when to shut it off, Read said.

"Once he tried to go an entire day without talking just to see people's reactions," Read said, "and almost had to go see the

chaplain because everyone thought there was something wrong. He thought it was funny."

Cady entered the Army in August 2005. This was his first deployment in support of the Global War on Terrorism.

"What it all comes down to is that saying," Read said. "All give some and some give all." Unfortunately for everyone who knew Cady he was one of the ones who gave it all. So I ask that before you go to bed at night you pray for Cady's Family and friends that they may have peace, and ease the pain in their hearts so they can look to the future as Cady always did."

Cady's awards and decorations include the Army Commendation Medal, the Army Achievement Medal, the National Defense Service Medal, the Iraqi Campaign Medal, the Global War on Terrorism Service Medal, the Army Service Ribbon, the Overseas Service Ribbon and the Combat Action Badge.

He is survived by his mother Billy Jo Hull.



## Bringing peace back

Children in the Saydiyah region of southern Baghdad shout out their support for the Iraqi security volunteers Oct. 4. The sign reads, "All the families in Saydiyah are looking to bring life, peace and freedom back. All the families in Saydiyah, Shia and Sunni, are strong people."

4th IBCT, 1st Inf. Div./Smith



4th IBCT, 1st Inf. Div./Smith

## Surprise!

Lt. Col. Jay Pitz, the executive officer of the 4th Infantry Brigade Combat Team, 1st Infantry Division from Vinton, Iowa, gets covered in silly string at the beginning of his surprise birthday party at the brigade's headquarters on Forward Operating Base Falcon in southern Baghdad Oct. 13. Pitz turned 40.

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# Fort Riley Community Life

## Community news briefly

### FAP to host workshop

The Family Advocacy Program will hold a free workshop for parents from 9:30 to 11:30 a.m. Oct. 29 at the Soldier and Family Support Center, Building 7264.

"Keep Your Child Safe: At Home and In the Community," will provide information about protection and supervision of minors, curfews, Amber Alerts and Code Adams. Free child ID kits will be provided while supplies last.

Free child care will be provided for individuals who register in advance. For more information or to register, call 239-9435.

### Chaplains offer students BLTs

Bible Lunch Tuesday, better known as BLT, provides a free lunch and short Christian devotional to any interested Junction City High School student. Students can catch a ride on one of the local area church vans that park near the school hand room doors or walk/drive over to the First Southern Baptist Church, 1220 West 8th, behind the JCHS tennis courts. BLT meets every Tuesday for both lunch periods during the school year and feeds 80-100 students each week. For more information, please contact Don Ericson, Protestant religious education specialist, at the Installation Chaplain's Office, 239-0979.

### Chapel to offer financial program

The Morris Hill Chapel Gospel congregation will offer Dave Ramsey's Financial Peace University program this winter.

Find out how to make a budget, get out of and stay out of debt, talk with your spouse about your finances, invest with confidence and change your financial future. Attend an informational meeting at 6:30 p.m. Dec. 5 at Morris Hill Chapel, Building 5315. For more information about this opportunity, e-mail Althea Brown at god4me2@embarq.com.

### Free child care offered

Child and Youth Services and School Age Services will offer free child care from 10 a.m. to 1 p.m. on the following dates for the Families of Deployed Soldiers and Soldiers who have returned from deployment within three months: Oct. 27, Nov. 3 and 17, Dec. 1 and 15.

Participants must register by calling 239-4744 or 239-9935 by noon on the Thursday prior to the free child care. The free child care is subject to cancellation based on minimum reservation requirements.

### All-Army photo contest open

Entries now are being accepted for the 2007 All-Army Digital Photography Contest. Entries will be accepted online at <https://artsrafls.fmwrc.army.mil> until Nov. 30.

The competition is open to active duty servicemembers and Department of the Army civilians.

Additional contest information and assistance is available at the Fort Riley Arts and Crafts Center, Building 6918 or by calling 239-9205.

## MWR to host Halloween activities

By Stephanie Perrin  
DMWR

The Directorate of Morale, Welfare and Recreation has several upcoming events scheduled for this Halloween season to entertain everyone from the bravest of hearts to the easily spooked.

Those individuals looking for a good scare can visit the annual haunted house hosted by Better Opportunities for Single Soldiers. The first screams will begin at 7 p.m. Oct. 27 at Marshall Army Airfield in Building 727B and continue on Oct. 28, 30 and 31.

"The haunted house is going to be a variety of different things," said Sgt. Ajita Curry, BOSS president. A clown room, saw room and Freddy Kruger-themed room will be some of the items in the house, Curry said.

Tickets are \$4 at the door and children ages 6 and under are free. Riley, the MWR Bear, will be at the door to greet children and hand-out complimentary candy.

Parents should use their discretion on bringing small children if they are easily scared, Curry said.

Preparation for this year's haunted house began months before the doors will open, she said.

"Putting it together and scaring each other has been a lot of fun," Curry said. "Seeing that the haunted house is a success and seeing that people are excited for it every year, makes it memorable."

Guided tours through the house will end at 10 p.m. each night. For more information on the haunted house, call 239-8147.

...

Children and adults can strike up a howling good time from 4 to 7 p.m., Oct.

See Halloween fun, Page 14

# Boo!



MWR photo  
Kristi Moneypenny, automation chief for MWR, helps Riley prepare his "mummy" costume before the 2006 BOSS Haunted House.

## Tour to showcase post's ghostly past

By Dena O'Dell  
Staff writer

Whether someone believes in ghosts or approaches the supernatural with skepticism, coordinators of Fort Riley's annual Ghost Tours are sure to provide those taking the tour a "ghostly" night of Family-filled fun.

The walking tour, which is in its 12th year, will be held from 3 to 7 p.m. Oct. 28. Participants will begin at King Field House and make 11 stops during the two-hour tour of Fort Riley's Main Post. Refreshments will be served along the way.

According to Bill McKale, Fort Riley museum director, the tour originated as a fall event to tout Fort Riley's historic and ghostly past. Stories of unexplainable phenomena in several buildings on Main Post can be traced back more than 100 years, he

said. Throughout the years, many of the stories have been revised and embellished, turning unexplainable events into legends. "My understanding is people who live in these homes and who work in these buildings have been swapping ghost stories for probably the last 100 years," said Jimi Parker, volunteer coordinator of the event.

"The Historical Society decided at some point that this would be a good opportunity to draw folks to Fort Riley to tell them some of the fun stories and share some of the history of Fort Riley."

### Ghostly tales

At each stop on the tour, storytellers will talk about "ghostly and unexplainable phenomena" that have occurred at the site.

One of the most infamous ghost stories on Fort Riley, McKale said, involves the

"Custer House Teddy Bear," which mysteriously moved around the Custer House. Members of a cleaning crew said they witnessed objects, including the teddy bear, ending up in different locations throughout the house. The bear is currently on exhibit at the Kansas State Historical Society in Topeka.

According to Parker and Ghost Tours host Sgt. Vernon Neff, other visitors to the home also have experienced strange occurrences like the sound of someone in an upstairs bedroom taking off their boots, images of a ghostly apparatus walking across the dining room and a picture hanging on the wall in the upstairs bedroom found on the floor unbroken one morning.

One of the scarier stories, McKale said, is about a 19th century woman who parted ways with her lover. It is said she was so

See Ghost Tours, Page 14

## Post school earns Blue Ribbon award

By Dena O'Dell  
Staff writer

Two Geary County schools recently were awarded one of the highest national honors a school can receive — the Blue Ribbon School award.

Eisenhower and Morris Hill Elementary schools were selected as "2007 No Child Left Behind Blue Ribbon Schools." The two schools were among five across the state invited last fall by the Kansas State Department of Education to submit applications for the National Blue Ribbon School Award program.

Across the nation, just 287 schools were selected for the award.

The Blue Ribbon Schools program recognizes schools that make significant progress in closing the achievement gap or whose students achieve academic success at very high levels.

Schools are selected based on their performance in two areas: Schools that have at least 40 percent of students from disadvantaged backgrounds and have dramatically improved student performance in reading and math; and schools whose students, regardless of background, achieve in the top 10 percent in the nation.

Mary Davidson Cohen, regional representative for the Secretary of the U.S. Department of Education, was present at Morris Hill Elementary School to present the school with a certificate Oct. 10 in

honor of their achievement. Cohen told the students, faculty and administrators they should be proud of themselves for their achievement and she was honored to be at the school.

"When we say you have to jump over the bar this time, you have said, 'Okay, we'll do it.' The reason that you have won this award is because every single one of you has done better than you did before," she told the students. "You learn because you live in a school where everything is taught to you, where people are smiling at each other and where teachers are creative with what they do — they think outside the box."

According to Morris Hill Principal Greg Lumb, Morris Hill and Eisenhower schools are the fifth

and sixth schools to receive the Blue Ribbon recognition in the district, which is an incredible accomplishment.

Morris Hill Elementary has 250 students who come from diverse backgrounds from all over the country, many of whom are children of military personnel, Lumb said.

"That's one of the things we really love about what we do. We take pride in the fact that we are serving military Families and trying to meet their needs," he said. At one time during the 1980s and 1990s, Lumb said, the district used the fact that students at the school were always transitioning as an excuse. After carefully ana-

See Blue Ribbon, Page 12

## Decorated veteran addresses community

### Hispanic Heritage Month recognizes Soldiers' service

By Alison Kohler  
Media Relations

An immigrant from Mexico who rose to the rank of lieutenant colonel, received the Medal of Honor and served under President George W. Bush addressed the Fort Riley community Oct. 10 as a part of the celebration of Hispanic Heritage Month.

Retired Lt. Col. Alfred Rascon was born in Chihuahua, Mexico, and received the Medal of Honor for risking his life while serving as an enlisted medic in Vietnam.

Rascon was nominated by Bush in 2001 and confirmed by the U.S. Senate to be the 10th director of the U.S. Selective Service System.

"I knew I had better life within myself," Rascon told the crowd of Soldiers, Families and civilians.

Rascon became a U.S. citizen in 1966, and the immigration officer recognized him from a picture that appeared in the Los Angeles Times when he received a Silver Star.

"I'm an American by choice," Rascon said.

He pointed out that in combat no one cares about skin color. "A bullet is going to kill you with equal opportunity," he said.

### Taking care of each other

An anecdote Rascon shared told of a Soldier he treated in Vietnam who saved the belt Rascon had tied around his leg as a tourniquet. The Soldier had saved it in a box since 1965, when Rascon applied it.

"It's a brotherhood — each of us taking care of one another," Rascon said.

The theme to take care of one another resonated in Rascon's speech.

"Take care of those who are out there. We're all Americans. I don't give a crap what you are," he said.

He encouraged Soldiers to curb post-traumatic stress disorder tendencies by taking care of one another and talking about their combat experience with other Soldiers.

"If you don't come back and vent, you're going to have issues. You have an obligation to take care of one another," he said.

Rascon ended his speech by reiterating his advice to take care of others.

"Take care of those (who) have to be taken care of. Take care of yourself last. Take care of the grunts first," he said.

"This is a great story. When asked why he volunteered to go to Vietnam when he's not an American, he said, 'I've always been an American at heart,'" said Brig. Gen. Keith Walker, assistant division commander for the 1st Infantry Division and Fort Riley. Walker said Rascon's story made him think of all of the Army values.

After the speech a long line formed of individuals eager to speak one-on-one with Rascon. He also signed autographs and posed for photographs with people for nearly an hour.

Before getting an autograph from Rascon, Pfc. Jessica Atello said, "I'm definitely proud of my Spanish heritage. I'm proud to be an American Soldier."

Command Sgt. Maj. Julia A. Kelly is tentatively scheduled to address the Fort Riley community at 11:45 a.m. Nov. 14 at Riley's Conference Center as part of Native American Heritage month.



# Community members get their questions answered

## Staff report

If you have a question about a customer service-related issue you'd like answered, please use the Interactive Customer Evaluation Web site at <http://ice.disa.mil>. While all questions will be answered, only those with a wide range of interest will be included here due to space limitations. Also, please attend the next town hall meeting, slated for November 28, to get all questions and answers generated from that forum.

**Q: If my adult son or daughter comes to live with me in post housing, can I be authorized a larger house with more bedrooms?**  
A: Bedroom authorization is based on the number of a sponsor's recognized dependents. If a son or daughter 21 or older (who is not a college student), decides to move back home to his/her parents, that child would nor-



mally not be considered a dependent, and the Family would not be eligible for larger quarters. However, there could be circumstances, primarily health-related, whereby a child becomes a recognized dependent once again.  
All requests for an exception to policy should include all pertinent information, and be sent to John Pearsall, Picerne Military Housing's community management director.  
For more information, call Picerne at 717-2200.

**Q: Why is the Housing Services Office reviewing the lease of my off-post home? Shouldn't this be a lawyer's job?**  
A: The Housing Services Office always coordinates off-post lease reviews with the Office of the Staff Judge Advocate.  
The housing staff does not give legal advice, nor does it practice law. The office does, however, review leases to protect the sponsor, and mediates landlord-tenant complaints. When it becomes clear there is a legal issue with a complaint, the Soldier is im-

mediately referred to the Legal Assistance Office. Once a tenant or a landlord retains the services of an attorney, the housing office is removed from the dispute.  
For more information about the Housing Services Office stop by Carr Hall, 45 Barry Ave. on Main Post or call 239-3525.

**Q: Why isn't the Commissary open on Mondays?**  
A: Currently the Defense Commissary Agency has not budgeted for the Fort Riley Commissary to be open for extended periods, including Monday. However, once the upcoming renovations are complete, the resulting increase in floor space will allow for a larger staff, and the Commissary then will expand service hours.

**Q: I notice that the Commissary is**

frequently out of commonly used items, and that there seems to be a lot of empty shelves around the store. Why is this happening?  
A: Commissary management is aware of the problem, which involves the current supplier. Unfortunately, it will take time to cancel and establish another contract, but rest assured that it is being worked to resolution.

**Q: I think it's great that Irwin Army Community Hospital is offering corrective eye surgery to Soldiers. Why isn't it also being made available to dependents?**  
A: The hospital is completely booked with referrals for active duty Soldiers who have requested the surgery.  
While there may be a time when the procedure is offered to Family members on a space-available basis, that won't happen in the foreseeable future.

# Teens discuss post issues at Youth Action Council meeting

By Laura Stroda  
Staff writer

Teenagers often have a hard time believing they can make a difference – whether it's at home, school or in the U.S. military. But thanks to the Army Family Action Plan and Youth Action Council, their suggestions and ideas can have a profound impact on the lives of Soldiers and their Families.

An example of that impact is Fort Riley's new public transportation system. The shuttle bus service was suggested three years ago by the Youth Action Council, said Becky Willis, program manager for the Army Family Action Plan. Fort Riley's Directorate of Logistics recently implemented the program, which is available to all post residents.  
"I keep telling them that they need to use it, otherwise, they'll lose it," Willis said. "But that's

one of the examples where they can really make a difference." Eighteen youth met Oct. 13 during the Youth Action Council meeting as part of the annual Army Family Action Plan conference. The top ideas discussed by the youth were presented Oct. 17 to the garrison commander's steering committee as part of the AFAP conference. Willis said the number of participants was down this year, but the ideas submitted were still quality – some could be considered as Army-wide policy.  
"These kids just really continue to amaze me every year. They always come up with an idea or two that just blows me out of the water," she said.  
One of those ideas was providing a deployment support group for teens.  
The youth participating in the exercise said that due to longer and more deployments, older



Brittney Orr; Cameron Campbell; Diane Campbell (standing), group facilitator; Chris Nordstrom and Alex Campbell discuss post and community issues during the Youth Action Council meeting Oct. 13.

Courtesy photo

teens have increased responsibilities and they need an outlet to deal with the stresses of longer deployments. The teens suggested creating a Department of the Army regulation to provide a support group for teens with deployed parents and establish an installa-

tion-based teen deployment support group that would meet on a regular basis.  
"What it boils down to is, our kids are asking for help," Willis said. "And we need to pay attention."  
Another policy that could be considered by the Department of the Army is sponsoring driver's education for Soldiers' Family

members, Willis said.  
"A lot of these spouses are foreign-born and it's very expensive for them (to take a driver's training course)," she said.  
Both high school and middle school students agreed the government, school district and Child and Youth Services centers should better coordinate holidays, days off and training holidays. High

school students asked that the Fort Riley Teen Center be open during teacher inservice days and middle school students want training holidays to coincide with days off school.  
"This is obviously a big issue for both groups of students," Willis said. "They're wanting more Family time and more activities if they can't spend time with their Family."  
Willis said it's "very important" youth provide input when they have the opportunity. Maj. Gen. Robert Durbin, commander of the 1st Infantry Division and Fort Riley, and Fort Riley Garrison Commander Col. Richard Piscal both took the time to stop by the Youth Action Council meeting. The garrison and division command sergeants major also paid a visit to the youth.  
"The commanders" really wanted the youth to tell them what was wrong and how they felt," Willis said. "Because if they don't know what's wrong, they can't fix it."

# CFC kicks off at Fort Riley

Post sets campaign goal at \$200,000

By Laura Stroda  
Staff writer

Due to his deteriorating physical condition caused by multiple sclerosis, a Soldier was forced to retire from the Army. He was able to get around using a walker, but after awhile, he basically was immobile.  
Now, a dog is trained to save his life.

This is just one of the hundreds of examples of individuals who benefit from charities that are part of the Combined Federal Campaign. Fort Riley kicked off its campaign Oct. 12 at Riley's Conference Center.  
Larry Hisle, director of the Heartland CFC, said that while Soldiers and civilians may be hesitant to donate to the government's annual charity fundraising campaign, they may soon find themselves benefiting from their donation.  
"Statistics show us that one out of three people will be affected by a CFC charity," Hisle said. Hisle himself has family members with Alzheimer's, cancer and autism, and said he's "just the average person."  
One of Fort Riley's Soldiers has already found himself benefiting from the Combined Federal Campaign. Sgt. 1st Class Terry Rafael's wife Cindy was diagnosed with multiple sclerosis. He

**Want to donate?**  
Contact your unit or office coordinator or visit [www.heartlandcfc.org](http://www.heartlandcfc.org). Choose which agency or agencies you want to benefit from your donations. Donations can come directly out of your paycheck.

was at the campaign kickoff representing not only the National MS Society, but average enlisted Soldiers like himself.  
Rafael talked about some of the National MS Society initiatives aimed at making life easier – and cheaper – for those diagnosed with the disease. And while he was there to pitch his cause, Rafael wasn't there to take away from other agencies represented at the kickoff, to include the United Way, Open Door and March of Dimes.  
"We're all here trying to get more funding, but no one (agency) is better than the other," he said. That sentiment was echoed by Maj. Gen. Robert Durbin, commanding general of the 1st Infantry Division and Fort Riley. Durbin told those gathered at Riley's there was no wrong or right choice when it came to choosing CFC agencies, "because

it is your choice."  
Durbin made it a point to walk amongst the tables as he addressed the crowd during the kickoff event. He said he was demonstrating how important it was to get face-to-face contact as campaign coordinators visited with their respective units and offices.  
The Heartland CFC director agreed with Durbin, saying that the campaign is more about education than it is about donations.  
"Our goal is not 100 percent participation. Our goal is 100 percent education," Hisle said. "Just a little bit will make a big difference in a charity's life."  
Fort Riley exceeded its donation goal last year, said Dorri Farrow, the Fort Riley campaign coordinator. The installation goal was \$170,000, but Soldiers and civilian employees donated more than \$200,000 to the Combined Federal Campaign – 119 percent of Fort Riley's goal.  
More than \$7,000 in donations went to the Geary and Riley County United Way organizations, while about \$2,800 went to Fort Riley's Child and Youth Services.  
Fort Riley garrison commander Col. Richard Piscal said that the Army prides itself on taking care of its own and "the CFC is one of the ways that we take care of our own."

# Blue Ribbon

continued from page 11

lyzing the data, district administrators learned it wasn't the students transitioning who struggled the most.  
"As a district, we quit using that as an excuse and really started to focus on how can we help every child no matter when they arrive or what their needs are," Lumb said. "That philosophy permeates throughout the district. That's why you will find us being the fifth and sixth schools which have received this Blue Ribbon recognition in our district. That's pretty incredible when you think of there being 14 elementary schools in the district and only five schools in the state that are recognized each year. It's a nice testimonial of the structure and support this district provides."  
Overall, one of the most important reasons for the school's success lies within each classroom.  
"We have excellent classroom

teachers and they follow the state standards. All of them are familiar with what's required of them. They deliver instruction in an engaging and motivating fashion for our students. That has been vital to our success. This recognition is truly one of the highest honors this school can receive. In receiving this recognition, it has validated how hard working and how special a group we have at Morris Hill," the principal said.  
Ron Walker, superintendent of Geary County District 475, commended Morris Hill faculty, students and parents for their achievement.  
One of the keys to being successful with students who are very mobile, Walker said, is having staff trained at all times in professional development to remain current on deployment issues, what effects learning and how best to teach students.

"Our key to helping military students is to bring them into the school and try to give them a very helpful and normal school day. If we can manage that then we can help students learn. We try to get them into an environment where they can be students. They can focus in on what they need to do to become better educated, because that's our main goal," Walker said.  
Under "No Child Left Behind," schools must make AYP in reading, language arts and mathematics. Each state, not the federal government, sets its own academic standards and benchmark goals.  
A total of 413 schools nationwide were nominated for Blue Ribbon School awards. Those selected for the award, including Morris Hill and Eisenhower Elementary schools, will be honored at an awards ceremony Nov. 12-13 in Washington, D.C.

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## Firefighters teach students to 'get out, stay out'

By Laura Stroda  
Staff writer

Even though she's just a kindergartner, Bryana McPhail knows just what to do in case of a fire.

"You have to stop, drop and roll if there's fire on your clothes. And when there's a fire in your house, you need to get out and find a safe place," she said while waiting in line to climb inside Fort Riley fire engine No. 3.

McPhail was one of about 60 Fort Riley Elementary kindergarten students who were visited Oct. 12 by the Fort Riley Fire Department. Fire Inspector Stephen Dailing said this year's theme for fire prevention week is "Get out, stay out," and that obviously stuck in McPhail's head.

"A lot of it's already been instilled in them. With the little kids, that's good. The older kids aren't as interested, but they still know it," he said.

Dailing stressed to the students the importance of staying out of a burning structure. The firefighters also went over when and how to call 911 and safety with matches and lighters as part of the presentation for younger students.

Firefighters visited all of the post elementary schools for the first time in several years during fire prevention week. Dailing said the department has hosted station tours for classes and groups, but the department wasn't getting the "saturation" it wanted with students.

This year, firefighters visited all K-5 students and later in the year, the department plans to visit Fort Riley Middle School. Even toddlers at the child development center were exposed to a firefighter in all his bunker gear to dispel fears and show them the "friendly firefighter" image.

Firefighter Ryan Flaster donned his boots, helmet and other bunker gear for the students at Fort Riley Elementary. He spoke to students and gave them an up-close look at his air tank and mask. Dailing noted how



Fort Riley firefighters (left to right) Clint West, Ryan Flaster, Justin Schmidt and Darryl Wanamaker show Fort Riley Elementary students what a firefighter looks like decked out in all of his bunker gear Oct. 12 during Fire Prevention Week.

Flaster didn't look "scary" each time he put on a new piece of equipment.

Following the presentation, the students were invited to climb in the truck and check out the firefighters' equipment. Besides the driver's seat, one of the most popular items was the thermal camera. Firefighter Clint West had students briefly put their hands on the truck tire. When students looked through the thermal camera, they were able to see the image of their handprint still on the tire.

The Fort Riley Fire Department also sponsored a poster and essay contest in an effort to reach out to students. Mattia Ronnebaum-Paradiso, a third-grader

at Jefferson Elementary, was presented with a bike Oct. 10 for her winning poster. Fort Riley Middle School sixth-grader Caitlyn Van Overbeke won a \$75 gift card for her first-place essay.

Even though fire prevention week happens just once each year, Dailing said fire safety should be on everyone's minds year-round.

"We've told all the schools to call any time they want to come up," he said. "If it's a Family or if it's a class, Boy Scouts, Girl Scouts, any kind of organization can come up. Even if they just stop in and say they want to look at the trucks, our guys are more than willing to get up and take care of it."

## Teacher keeps students' best interests at heart

By Dena O'Dell  
Staff writer

Remaining creative and innovative as a teacher in a nation of standardized testing is a harder task than one may think. Add to the mix students from military Families transitioning into their teenage years and new surroundings, and it could be an even bigger challenge.

But a challenge is not something Shelby Witte, an eighth-grade language arts teacher at Fort Riley Middle School, is afraid of. In fact, she embraces it. That's one of the reasons Witte was selected as a Region 1 finalist for the 2008 Kansas Teacher of the Year award.

According to Fort Riley Middle School Principal Joe Handlos, Witte's nomination reflects her efforts to serve students, while also growing professionally.

Witte was instrumental in developing the school's literacy plan for the Geary County School District. Handlos said. District administrators recently learned Junction City High School and the middle school achieved the Standard of Excellence in reading building-wide. Fort Riley Middle School also received the Standard of Excellence in reading at the eighth-grade level using Witte's literacy plan.

"When you see the professional growth and her ability to get children connected, it obviously reflects someone who is extremely knowledgeable in their content area," Handlos said. "But what is extremely valuable as far as getting children connected is being sensitive to their needs. And she is. That's why she is such a strong candidate — because she is the whole package."

Witte said she was honored by the nomination, but didn't set out to become a Teacher of the Year finalist. In fact, she was very surprised.

"It's not something that most teachers seek out to do and I definitely didn't seek out to be the Teacher of the Year. But it's really nice to be recognized for doing a good job at something you love to



Shelby Witte (center), shares a moment and some ice cream with students (from left to right) Rubi Jimenez, Markida Streep, Vinnalyn Vitoria and Brandi Cadenhead, during a celebration in honor of Witte's nomination as a finalist for the Kansas Teacher of the Year award.

do as a profession," she said. One key to which Witte attributed her success is flexibility.

"I wouldn't say it's difficult to teach middle school students. I would say it's an interesting challenge," Witte said. "There are days where they want to be treated like elementary school students and there are days where they crave their freedom like high school students. So I think it takes someone with flexibility to teach middle school students."

Witte said she keeps her students engaged in learning by incorporating activities that meet not only their needs, but their wants.

"That's always in the back of my mind as I am planning any-

thing," Witte said. "Obviously there are things they have to do that are required and that they need to know to be successful. I try to bridge that with what they want to do. That helps with their engagement and motivation to do their assignments and projects."

Witte has been a teacher at Fort Riley Middle School for five years. Prior to that, she taught for seven years in Norman, Okla.

Witte was nominated by her peers in the district. Following a lengthy application process, Witte will attend a ceremony Nov. 17 in Wichita, where one regional finalist will be selected as the Kansas Teacher of the Year.

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Safety Notes

ISO reminds community members to stay safe this Halloween

By Rod Cruz
Installation Safety Office



Rod Cruz

Halloween lurks around the corner, and little ghosts and goblins soon will haunt Fort Riley streets for treats. The 2,000-year-old tradition can be tracked to the Celtic festival called Samhain, which marked the end of the Celtic year. The Celts believed the dead returned to damage crops and cause trouble during this holiday. In the seventh century, Pope Boniface IV designated Nov. 1 as All-hallows to honor saints and martyrs. The name All-hallows is derived from the Middle English word

The tradition of wearing costumes comes from early European and Celtic custom where costumes were worn to ward off evil spirits. Today, the right costume can help ward off accidents. It is important to select a costume made from non-flammable or flame-retardant material that is short enough not to become a tripping hazard. Costumes and treat bags should be light in color or made with reflective materials. If a mask is worn, it should have nose and mouth holes to provide adequate ventilation and large eyeholes that don't hinder visibility. If makeup is used, select a brand made with U.S.-approved color additives, which is non-toxic. Knives, swords and other costume accessories should be made of cardboard or flexible materials to prevent punctured wounds or injuries.

Parents play an enormous role in ensuring their children's safety. Keeping Halloween safe does not have to be a trick if the following tips are kept in mind.
• Before trick-or-treaters embark on their night of haunting fun, parents should know what route their children will take and who will accompany them.
• Children should be encouraged to travel in familiar areas, carry a flashlight, only visit houses that are well lit and NEVER enter houses of people they do not know.
• An adult or older youth should supervise young children at all times.
• To prevent encountering hazards that might cause trips and falls - the leading cause of Halloween-related injuries - instruct children never to cut across yards, but to use sidewalks when traveling from house to house. If a sidewalk is not available, they should walk, not run, on the left side of the road where approaching traffic is visible.
• After trick-or-treaters return home, parents should inspect all goodies for anything suspicious. Wash and cut all fruits into small slices, and items that cause doubt should be properly disposed of.

Motorists have an important role in Halloween safety too. Operators should watch for children in dark costumes and pedestrians around driveways, sidewalks, parked cars and in the street. When leaving Halloween drivers, only sober or designated drivers should sit behind wheel.
Halloween can be a good time if safety is foremost. Parents, motorists, and little ghosts and goblins all play an integral part in keeping Halloween safe. Please follow these safety tips so All Hallows' Eve will not come back to haunt you.
Have a safe Halloween!

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Halloween can be a good time if safety is foremost. Parents, motorists, and little ghosts and goblins all play an integral part in keeping Halloween safe. Please follow these safety tips so All Hallows' Eve will not come back to haunt you.
Have a safe Halloween!

Ghost Tours continued from page 11

broken hearted, she drowned herself in the well outside the quarters. As the story goes, the woman would come back at night and walk past the window of her old quarters. The story is one of several published in the first ghost book about Fort Riley, McKale said.
"There are instances in the history of the Post where something happened which is either explained or not. What happens is the historic fact gets embellished or changed over time, somehow turning the unexplainable story into a ghost story," McKale said. "I think it's indicative of people's interest in ghost stories, but also people go on the tour and learn a little bit of history about the post and appreciate that history a little bit more."

Having fun, learning
Retired Garrison Sgt. Maj. Jim Sands has a different take on the Fort Riley ghost theory. Sands has led the first group of patrons on the tour every year for the past nine years and has heard numerous stories of unexplained events from people living and working on Main Post.
"This is about having fun and learning. If there's nothing to it, you have a nice story out of it. But if there is something to it, you see or hear something like that, later on you can say, 'Hey, I've got some relation here.' How can people all over the United States have ghost stories? You almost have to ask yourself: There's some realism to it I think," Sands said.

The last ghost tour leaves at 7 p.m. sharp Oct. 28. The tours are free, although \$1 donations will be accepted. Those planning to attend should come early because tours will be given on a first-come, first-serve basis. To ensure a safe environment, coordinators have enlisted the help of 70 to 80 volunteers who will serve as tour guides, rear guards, storytellers and road guards. Additional volunteers are still needed. Those interested can contact Parker at 784-4292 or jimj1@yahoo.com.
Those wishing to find out more about Fort Riley's ghostly past can pick up a copy of any of the three Fort Riley ghost story books at Custer's Cottage inside the U.S. Cavalry Museum.

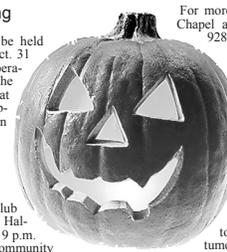
Halloween fun continued from page 11

27 at the Custer Hill Bowling Center, Building 7485, during the Halloween Extreme Party.
Tickets are \$5 for children, up to age 12, and \$10 for adults. "Witch" includes shoes, games, pizza, drinks and costume contests.
A DJ will be on hand to provide entertainment and door prizes will be given away throughout the evening.
For more information, call the Custer Hill Bowling Center at 239-4366.
...
That same evening, adults, 18 and over, can fly over to Riley's Conference Center for the first ever Masquerade Ball from 8 p.m. to midnight.
Tickets are on sale now for \$5 or can be purchased for \$7 at the

More info
For more information on these and other MWR activities visit www.rileymwr.com.
...
Appetizers will be served throughout the evening and a cash bar will be available.
Prizes will be awarded for the most creative, best couple, scariest and funniest costumes.
Participants are required to wear a mask, said Joy Baker, general manager for Riley's Conference Center. A mask-unveiling will take place at midnight.
For more information or to purchase tickets, call Riley's Conference Center at 784-1000.

Ghost stories and free goodies will be shared from 6 to 8 p.m., on Oct. 30 at the Fort Riley Post Library.
Ghost stories will be read and all children who come in costume will receive a complimentary goodie bag.
"We are going to play games, musical chairs and pin-the-horn-on-the-witch," said Leslie Mann, alternate program manager for the library. "It should be a lot of fun. All the kids will get to go home with something."
For more information, call the Library Desk at 239-5305.

More Halloween fun
Post trick or treating
Trick or treating will be held from 5:30 to 8:30 p.m. Oct. 31 on post. The Fort Riley Operations Center will sound the Witches Wail (post siren) at 8:30 p.m. to remind all goblins it is time to return home.
ESC to host costume party
The Enlisted Spouses Club will host a member's only Halloween party from 6:30 to 9 p.m. Oct. 23 at the Ogden Community Center. ESC will provide sandwiches and drinks. Please bring a side dish to share. Child care will be available from 6 to 9 p.m. for \$5 per Family. Reservations for child care should be made no later than Oct. 19 by calling Melissa at 762-5731.
Hallelujah Night slated
The Morris Hill Gospel Service will host Hallelujah Night from 6 to 8 p.m. Oct. 31.
Hallelujah Night is a fall festival and alternative to trick or treating for the whole Family.
The theme for the night will be "Focus on the Family Fun Night." There will be games and prizes, free food and drinks, and praise dancing at the beginning of the program.



EFMP heads to pumpkin patch
Members of the Exceptional Family Member Program are invited to join EFMP from 10 a.m. to noon Oct. 20 for a "Trip to the Pumpkin Patch" at the Soldier and Family Support Center, Building 7264. Families and youth will get a chance to show off their favorite costumes and ride to the pumpkin patch to select their very own pumpkin. Families should RSVP no later than Oct. 16 by calling 239-9435.
Discount tickets through ITR
Halloweenkends at Worlds of Fun amusement park in Kansas City is every Friday, Saturday and Sunday through Oct. 28. Scare-free Family fun by day (enjoy a magical house, spooky shows, and visit Trick-or-Treat Town and Camp Snoopy) and seven extreme haunts by night. Discount tickets are available at Information, Ticketing and Registration. For more information, stop by ITR, Building 6918 across from the Post Exchange, or call 239-5614 or 239-4415.

CANDLEWOOD HEALTH MART PHARMAC
2 x 2'
Black Only
2x2Candlewood tf

DANENBERG JEWELERS
2 x 2.5'
Black Only
2x2.5, Danenberg, 10/07, OCT/FB, 03

FIRST ASSEMBLY OF GOD-MANHATTA
2 x 4'
Black Only
2x4FirstAssembly

AMERICAN DREAM DEVELOPMENT
3 x 6'
Black Only
3x6AmericanDream

DANENBERG JEWELERS
2 x 2.5'
Black Only
2x2.5, Danenberg, 10/07, OCT/FB, 03

BARTON CO. COMMUNITY COLLEGE
3 x 6'
Black Only
3x6Barton0/17hnmidsccriminatio



# Fort Riley Sports & Recreation

Friday, October 19, 2007

Home of the Big Red One

Page 15

## Sports news briefly

### Post seeks student athletes

The Post would like to do stories on Fort Riley student athletes. If you or your child would like to be featured in the Post, send your contact information, along with the best time to contact you, to [anna.morelock@conus.army.mil](mailto:anna.morelock@conus.army.mil) or call 239-8854.

### Lifeguard training set

The American Red Cross Guard Start Junior Lifeguard Training Program will be offered at Eyster Pool beginning Nov. 3.

The program is for youth ages 11 to 15 years and is \$45. The training will be offered on Nov. 3, 10, 17 and Dec. 1, 8, 15 and 22. For more information, call 239-9441.

### Horseback rides scheduled

Enjoy the beautiful scenery of the Flint Hills by horseback. Three sessions will be provided with transportation from the Outdoor Recreation Center to Sun Rock Ranch for an hour and a half horseback ride across trails on the ranch Oct. 27 and Nov. 3 and 17.

The first group will leave from the Outdoor Recreation Center at 9 a.m., the second session will leave at 11 a.m. and the final session will leave at 2 p.m. The cost is \$25 per person and participants must register in advance.

Interested individuals can contact the Outdoor Recreation Center at 239-2363.

### Basketball tourney slated

Show your basketball skills Oct. 20 at the 2007 Fort Riley 3-on-3 Scion Slam Basketball Tournament at Rally Point.

Registration will begin at 8 a.m. and the free tournament is open to all Morale, Welfare and Recreation patron.

Eligible players must be at least 17 years old by Oct. 20 and all players must be able to provide proof of eligibility.

Huge cash prizes will be awarded to the first through third place teams. For the first time a women's tournament also is being offered, and cash prizes will be awarded to the first and second place teams.

Additional prizes will be given out for a free throw contest and half court contest.

For more information, call 239-6398, or to register your team today visit <http://www.scion.com/scionslam>.

### Hunter's safety course slated

Fort Riley's Outdoor Recreation Center will host a hunter's safety course from 9 a.m. to 1 p.m. Oct. 27 at Building 9011.

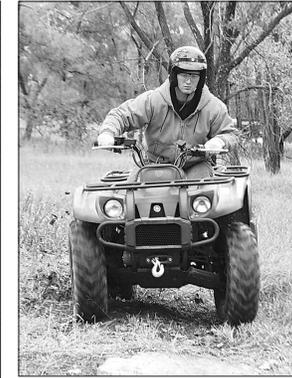
All hunters born on or after July 1, 1957, are required to complete a hunter's safety course.

Individuals interested in registering for the course can call Outdoor Rec at 239-2363. A \$10 deposit is required upon registration and will be returned at the beginning of the course.

The course is open only to Department of Defense ID cardholders and participants must be at least 11 years of age by the date of the course.

For more information, call 239-2363.

# Trail ride



Left: Sgt. LeRoy Gumphre, 35th MP Det., practices his techniques on his 2006 Honda TRX 250 EX on the skill range Oct. 13 during Fort Riley's first ATV Rodeo. Center: Tyler Fiedler, 11, rounds a curve on the demonstration range instructed by the ATV Safety Institute during the ATV Rodeo. Fiedler completed a record 120 laps around the course. Right: Sgt. William Herring, Co. F, 1st Bn., 34th Armor Regt., demonstrates a maneuver on his 2004 Yamaha Kodiak 450 on the skill range.

## Riders practice safety at post ATV Rodeo

By Dena O'Dell  
Staff writer

First Sgt. Mark Dombrowski of the 300th Military Police Company, doesn't own an All Terrain Vehicle, but said he is hoping to add it to his wish list when he retires in another six to seven years.

The sergeant and his two children, Nicholas, 8, and Jordan, 7, were among several families who attended Fort Riley's first ATV Rodeo Oct. 13.

Dombrowski said he brought his children to the event so they can learn how to ride an ATV safely, but also to have some fun.

"It's a great event that's offered. You're not going to find something like

this anywhere else except for in a small tight-knit community like here on Fort Riley," he said.

The Soldier-led event was coordinated by the Fort Riley Installation Safety Office, under the direction of Garrison Commander Col. Richard Piscal, who asked the safety office to implement an event emphasizing ATV safety.

According to Vanita Fiedler, event coordinator and safety technician with the Installation Safety Office, an interest in bringing ATV safety awareness to the forefront was sparked following a fatal accident on an ATV, which occurred at Fort Riley in December 2006.

"The command wanted to emphasize ATV safety. This is a premiere way to

present it to Fort Riley," she said of the event, which was open to the public, civilians, Soldiers and their dependents.

The rodeo consisted of three ranges—a demonstration range, skill range and a trail ride. Children as young as six rode on the demonstration range, Fiedler said, and those participants who had their own ATVs, rode on the skill range or trail ride.

More than 30 participants rode in the demonstration range, operated by the ATV Safety Institute, a not-for-profit division of the Specialty Vehicle Institute of America, which is not military affiliated.

Using ASI instructors from all over the country, the demonstration range

offered a controlled environment, teaching riders how to develop safe riding skills using the proper safety gear. The ATVs used in the demonstration range were donated for the day by local businesses and coordinated by Dave Staskal, a contractor who does ATV training for Fort Riley. Once the demonstration range was mastered, riders were encouraged to move on to the other two ranges, which were under the direction of Sgt. 1st Class Brian Bowman of the 97th Military Police Battalion.

Amber Purcell of Irvine, Calif., western regional representative for ASI, said the organization's primary goal is to pro-

See ATV Rodeo, Page 17

## Running program key to preventing common injuries

LACH

Running is a staple of physical training for most Army units and for many recreational fitness programs as well. When done properly, running can be a safe and effective method for improving overall conditioning. Unfortunately, running also can lead to a variety of injuries as well.

A number of studies in both civilian and military populations have demonstrated a dose-response relationship between running and injuries. As the frequency, duration or volume of running increases, injury rates increase more rapidly than improvements in physical fitness.

The majority of running injuries are a result of training errors. Some of the most common errors include rapidly increasing running frequency, intensity or volume; insufficient rest between running workouts; and inappropriate footwear.

By taking a few preventative measures, runners can avoid most common training errors. The following is not an all-inclusive list, but will help with planning and implementing a running program.

• If starting out as a beginner, or a runner who is changing a long-standing running program, do it slowly. Increase total volume (mileage or time) no more

than 10 percent per week. Keep a running journal to help plan and track changes over time.

• Run every other day. By allowing a day for rest between workouts, runners enable their bodies to better recover from the previous run and minimize risk for injury.

• Schedule long runs every other week to allow sufficient recovery time between prolonged bouts.

• Build intensity slowly. Add specific workouts such as hills, tempo runs or interval running one at a time. Gradual progression allows the body to accommodate to the new stress and minimizes the potential for injury.

While the most common cause of injury is due to training error, inappropriate shoes, or shoes that are simply worn out, can contribute as well. Running shoes not only help to cushion the foot but more importantly counteract stresses placed on muscles, tendons and bones, thereby reducing the overall risk of injury.

The average running shoe should last between 400 and 600 miles. For the recreational runner, this translates to a new pair of shoes every six months. Runners definitely should replace their shoes if the sole has begun to show wear or if the shoe starts

See Running, Page 17

## Deployment puts damper on season

By Laura Stroda  
Staff writer

The past two cross country seasons have been a little different for Jacqueline Apodaca. The sport itself didn't change, but something was missing from the sidelines during the meets—her father.

Lt. Col. Michael Apodaca, commander of the 97th Military Police Battalion, deployed to Iraq a year ago and his daughter said dealing with her father's first deployment has been difficult for her and her mother Liz.

"I didn't realize how much I'd miss him," she said. "And my mom, she used to depend on him so much. How she's done it I have no idea."

Apodaca's father has had a profound influence on her life, so much, in fact, that she's planning to follow in his footsteps.

She's in the Junior Reserve Officers' Training Corp at Junction City High School and will be attending Texas A&M University next year on an ROTC scholarship.

She wants to enter the medical field and said while she plans to serve in the Army after college, she doesn't plan to stay in until she retires. That likely eases the fears of her parents.

"At first they were excited (about me joining the military), but now that my dad is actually over there in the war, it really hits him hard," she said. "But I really like (ROTC). I feel obligated to serve, but I probably won't make a career out of it."

Apodaca also participates in track and while both sports are considered mostly individual endeavors, she's still learned of some kind since I was a little teamwork and cooperation kid," she said. "I really enjoy the through competing competition and teamwork. You also learn to be a leader."



Post/Stroda  
Jacqueline Apodaca, a cross country runner at Junction City High School, plans to attend Texas A&M University next year on an ROTC scholarship. Apodaca said while she plans to serve in the Army after college, she doesn't plan to stay in until she retires.



# 10-Miler team takes to D.C. streets

By Pfc. Dustin Roberts  
1st Inf. Div. PAO

For most people, running 10 miles in a crowded metropolitan city doesn't sound like fun, but 12 Fort Riley representatives were glad for the opportunity.

On a humid Oct. 7 morning and in the heart of Washington, D.C., 6 men and 6 women from Fort Riley participated along with more than 26,000 runners in the Army 10-Miler run.

"This is a great opportunity to represent the division," said Capt. Holly Swartz, Irwin Army Community Hospital. "We have a great team; we've trained together and we have great experience."

The team started training for the 10-Miler after qualifying at Fort Riley's Prairie Run in July, by running seven to eight miles on Mondays and Wednesdays, and 12 miles on Fridays.

"We put in about 40 to 45 miles a week," said Capt. Steven Ackerson,

son, Headquarters and Headquarters Battery, 4th Battalion, 1st Field Artillery Regiment, 3rd Heavy Brigade Combat Team, who ran in the event last year. "We did a lot of speed work on the track, too."

The team said the hard work was rewarding after the race was over.

"Everybody on the team ran much better (in Washington) than they did on Fort Riley," said Lt. Col. William Lukaskiewicz, commander, 101st Forward Support Battalion. "So the training paid off in the end. We logged a ton of miles and had a lot of long mornings, and a lot of running in the

dark; but I'm happy. Everyone did very well and everyone stuck together."

Most team members said the run became very difficult at about miles seven through nine.

"At that point you start to go up this slight incline and you see the Pentagon from a distance," Ackerson said. "And you say, 'Oh my gosh - it's that much further.' It was about five minutes when I was really hurting, but once I pulled through, it was no problem finishing."

Swartz said she got her motivation from other runners. "I passed a 91-year-old man and we passed many wounded

warriors and amputees. I felt I had two good legs so I better use them," she said.

With record-setting participation numbers, the team said it was difficult at the starting line, and they had to weave through a sea of people.

"Having an event with that many people, just physically getting to your starting location was a challenge," Lukaskiewicz said. "Getting water from the water stations, and then getting back on pace was also difficult because of all the traffic."

The Army 10-Miler has been an Association of the United States Army tradition since 1985.



1st Inf. Div./Roberts Lt. Col. William Lukaskiewicz, commander, 101st Forward Support Battalion, breaks into a sprint 200 yards from the finish line.

## The team

### Men's Team:

Lt. Col. William Lukaskiewicz, 101st FSB  
Capt. Steven Ackerson, HHB 4th Bn., 1st FA Regt.  
2nd Lt. Robert Southerland, Co. A, 1st Bn., 41st Inf. Regt.

Sgt. Nathan Haag, HHC, 1st Bn., 41st Inf. Regt.  
Sgt. Robert Chase, HHC, 1st Bn., 16th Inf. Regt.  
Spc. Ben Mogoi, Co. B, 125th BSB

### Women's Team:

Capt. Shary Day, HQ, 1st Inf. Div.  
Capt. Holly Swartz, MED-DAC

2nd Lt. Maja Pfluger, Co. A, STB, 3rd HBCCT  
2nd Lt. Patricia Greer, 300th MP Co.

Sgt. 1st Class Valerie Venus, HQ, 1st Inf. Div.  
Spc. Emily Burgess, 1st Inf. Div. Band



The Fort Riley team after the Army 10-Miler in Washington, D.C.

1st Inf. Div./Roberts

## Sports news briefly

### Bring on the Cats

**Wildcats** - See the Wildcats in action vs. Baylor Oct. 27. Discounted tickets for the game are available at Information, Ticketing and Registration, Building 6918.

**Kansas City Chiefs** - Tickets are available for the following Chiefs games:

Oct. 14 - Cincinnati Bengals

Nov. 11 - Denver Broncos

Nov. 25 - Oakland Raiders

Dec. 2 - San Diego Chargers

Dec. 16 - Tennessee Titans.

For more information stop by ITR, across from the Post Exchange, or call 239-5614 or 239-4415.

### Youth sports sign-ups set

Registration for youth basketball will begin Oct. 29 and run until Nov. 9 for first through sixth graders.

Registration is \$40 for the first child and \$32 for each additional child.

Registration for youth cheerleading begins Oct. 29 and will run until Nov. 9 for first through eighth graders.

Registration is \$30 for the first child and \$24

All participants must have a sports physical form on file, dated on or after March 8.

All children must be enrolled through Child and Youth Services and have their yearly \$18 registration fee paid. To register, contact Central Registration, Building 6620 or call 239-9885. Interested individuals also can contact Youth Sports at 239-9223 for more information or to pick-up registration forms.

### Dance classes offered

Teen Hip Hop and Urban Dance is offered every Monday and Saturday through the Schools of Knowledge, Inspiration, Exploration and Skills.

The registration fee is \$35 per month, and participants can register at Child and Youth Services, Building 6620.

The class is free for eight weeks for youth with a deployed parent. A copy of deployment orders is required.

For more information, call 239-4847 or 239-5440.

## On the Wildside: News About Nature

# Natures engineers shape Fort Riley

By Alan Hynes

Fish and wildlife biologist

Beavers do more to shape their landscape than any other species of wildlife. Fascinating for their engineering qualities, these mammals are literally capable of changing a stream's course.

From the rise of the stream, fish frogs and herons benefit, creating a small wetland. As the trees are cleared and a dam created, the stream is transitioned to a wet savannah type habitat.

If ample food is available, a beaver family may inhabit the area for many years. When food becomes scarce, the beavers will move to a new location. The dam will deteriorate, leaving a uniform layer of silt that soon gives rise to green meadow and eventually to new forest.

Not so long ago, beavers were referred to as "trapper's gold." During the fur trading era (1800-1840), adventurous men risked the elements and Indian attacks to get their hands on a beaver. Fur trading was literally the catalyst that opened the frontier.

Beaver trapping, in particular, played a large part in the settlement of the western United States. The soft leather and dense fur resulted in an excellent clothing material.

Individual beaver pelts were important bartering items. Common equivalents for one tanned and stretched beaver pelt were



Alan Hynes

two pounds of sugar, a gallon of brandy, two yards of flannel, a pair of breeches, a pair of shoes, 20 flints, eight knives, two pair of looking glasses,

two hatchets, 20 fish hooks or a blanket.

Four tanned beaver pelts would fetch a pistol and 11 beaver pelts could be traded for a musket. The demand for beaver pelts was so great during the late 1800s that beavers came close to becoming extinct in North America.

After the decline in the fur trade, beavers began to grow in numbers and were considered a nuisance by many, particularly to farmers.

Although fur trapping continued in the 20th century, beavers were able to rebound over most of North America with harvest restrictions in place. While most fur prices have dropped in recent years because of low demand, the drop in the value of beaver pelts has not been as drastic.

See Beaver, Page 20

# Eyster Pool set to reopen

By Laura Stroda

Staff writer

Eyster Pool will reopen its doors for the first time in more than a year Oct. 20. The pool has been closed since last August for renovations to the boiler, softer system and other infrastructure.

Fort Riley Aquatics Program Manager Hedy Noveroske said she and the pool staff are "very excited" about Eyster's reopening. An "Eyster Extravaganza" grand reopening is planned from 1 to 6 p.m. Nov. 3. Admission to the event is free.

"We'll have cake, hot dogs, games and prizes. It's going to be a big party," Noveroske said.

While Eyster Pool was closed, indoor swimming programs were conducted at Long Pool on Custer Hill. Those programs all will be moved back to Eyster, which is in Building 6940, and Long Pool will be closed to all recreational swimming.

Attendance was down at the programs during the past year, but Noveroske expects that trend to reverse now that programs such as swimming lessons and "Mommy and Me Time" are back at Eyster Pool.

"Long Pool just isn't really a Family-orientated pool," she said. "The depth starts out at 4 feet, whereas at Eyster, it starts at 3 feet."

A leaky roof was the biggest problem before Eyster Pool closed. Noveroske said ceiling tiles were water-damaged and the facility's interior just "looked bad."

Swimmers won't have to worry

## Eyster events

Eyster Extravaganza  
When: 1-6 p.m. Nov. 3

Sport Night  
When: 6-8 p.m. Nov. 10

Winter Beach Party  
When: 6-8 p.m. Dec. 8

about cold showers or a cold swimming pool at Eyster anymore, either, Noveroske said. Previously, the facility's water was heated using just one boiler - now there's three.

Noveroske said improvements also were made to Fort Riley's outdoor pools, to include a high dive, duck slide and inflatable toys. All of the upgrades are aimed at making the pools more appealing to families.

"There's always more improvements that can be made. What we'd love to have is an aquatic center," she said.

A host of aquatic programs are available for swimmers of all ages

at Eyster Pool. Swimming lessons are offered for youth and adults. Youth also can take private and semi-private lessons. A master fitness swim session is offered to adults who want to be challenged by a certified swimming coach.

For those looking for a workout, options are available in the morning and over the lunch hour. The water aerobics and cardiovascular classes target different body regions and range from high-intensity to low-impact sessions.

The American Red Cross will provide life-guarding and CPR training sessions over the Christmas break. During that time, applications will be taken for 2008 Fort Riley summer lifeguards.

For dates, prices and more information about the aquatic programs offered at Eyster Pool, call 239-4854.

### TRICARE COUNSELING

1 x 1"  
Black Only  
1st Tricare

### LIGHTHOUSE CHRISTIAN FELLOWSHIP

1 x 3"  
Black Only  
1x1Lighthouse.f

### FIRST PRESBYTERIAN CHURCH

1 x 2.5"  
Black Only  
1x2.5, FirstPresb, 10/05, OctTP93

### BIT'S

2 x 5"  
Black Only  
BIT'S

### MANHATTAN SHOE REPAIR

1 x 3"  
Black Only  
1x3, ManShoe, Oct TP07518075, ct

### DICKINSON THEATRE

1 x 1.5"  
Black Only  
1x1.5 dickinson theatre. al

### RANDY DAVIS DENTISTRY

2 x 2"  
Black Only  
2x2, RandyDavis, 10/05, TP, 9342

### FIRST UNITED METHODIST CHURCH

2 x 2"  
Black Only  
2x2 First United Methodist. tf





# ATV Rodeo continued from page 15

mote the safe and responsible use of ATVs, reducing crashes and injuries that may result from improperly operating the vehicles.

"We want people to know (ATVs) can be safe and it can be a recreational activity for the whole family," Purcell said. "One of the things we hear is that 'a family that rides together, stays together.' That 16-year-old may not want to go on a vacation with his family, but if ATVs or dirt bikes are involved, they're going to want to go. That's really been a motivational factor for us — getting families and women involved — because it has just been in the last few years that women have gotten interested in it as well."

Since 1983, the SVIA has promoted the safe and responsible use of ATVs through rider training programs, public awareness campaigns and state legislation. The ASI currently operates a hands-on, half day ATV RiderCourse, taught by licensed instructors.

According to Purcell, the ASI and the hands-on ATV RiderCourse were implemented following some incidents involving three-wheelers in the early 1980s. The ATV industry agreed to no longer produce three-wheelers, but to continue manufacturing four-wheelers and provide free safety courses for their buyers. A few years ago, Purcell said, SVIA

was no longer obligated to train buyers on how to operate ATVs, but chose to do so because the organization found as an industry, the training was valuable.

"What we saw was an impact the training was making for the industry as a whole — for families who were making this part of their pastime to stay together," Purcell said.

Besides teaching the basics of ATV safety, the organization also teaches environmental awareness with a portion of its curriculum entitled, "Tread Lightly," devoted to the subject.

Fiedler said she was pleased with the turnout at the ATV Rodeo and is hoping it will continue as an annual event on the post because of the continued interest in ATV riding.

"We had a pretty decent turnout with the weather being the way it was. We had about 30 participants ride in the demonstration range and individuals who brought their own ATVs were authorized to ride in the skill and trail ranges. We had a couple Family readiness groups come out. They provided chili dogs for us and baked goods. This is the first event of this nature," she said. "There are more people who ride ATVs on Post than we had figured. We are finding that out through this type of event."



Post/O'Dell

**Jordan Dombrowski, 7, and her brother, Nicholas, 8, get some assistance putting on their helmets and protective gear from ATV Safety Institute instructor Wesley Clark and ASI western regional representative Amber Purcell, during Fort Riley's first ATV Rodeo Oct. 13.**

Currently, Fiedler said, there are no specific trails on post allocated for ATV use. The Installation Safety Office is looking at locations for an ATV riding area.

Those interested in taking the ATV RiderCourse can contact ASI at (800) 887-2887. Local instructors for the national program are Dave Staskal and Bob McGee. The course is offered depending on the public's interest.

# Running continued from page 15

to lean inwards or outwards (when viewed from the rear). Shoes still may feel like they have plenty of cushion left after six months, but there may be inadequate support for runners' feet.

Staff from the Irwin Army Community Hospital Physical Therapy Clinic will be at the Post Exchange from 10 a.m. to 2 p.m. Oct. 20 to provide runners with

assistance in the selection of appropriate running shoes.

The IACH physical therapy Web site has additional resources for shoe selection and walk-to-run progressions, as well as information on a variety of common injuries. Visit the site at <http://iach.amedl.army.mil/sections/clinics/physicalTherapy-Main.asp>.

PRAIRIE HAWG CYCLE & LEATHER,  
1 x 1.5"  
Black Only  
1x1.5, PrairieHawg, 10/05, OctTF99

AIR O CLEAN  
1 x 3"  
Black Only  
1x3, AirOClean, 10/19, FallSpr.ct

COPELAND INSURANCE  
1 x 3"  
Black Only  
1x3, Copeland, 10/05, OctTF, 8136

ARMED FORCES BANK  
1 x 13"  
Black Only  
1X13 Totally Free Banking

## At the movies:

Doors open at 6:30 p.m. Tickets cost \$3.50 for adults and \$1.75 for children 11 and under. Children under the age of 5 are free except during children's matinees or expected sell-outs.

- Oct. 19 – The Brave One, R, 123 min.
- Oct. 20 – Shoot Em Up, R, 93 min.
- Oct. 21 – The Brothers Solomon, R, 91 min.
- Oct. 25 – The Brave One, R, 123 min.
- Oct. 26 – Halloween, R, 109 min.

For more information, call Barlow Theater at 239-9574.

FIRST SOUTHERN BAPTIST  
2 x 2"  
Black Only  
2x2FirstSouthern02/16t.f

HOUSE FILL AD

SCREEN MACHINE  
2 x 2"  
Black Only  
2x2ScreenMachine

EDMC BROWN MACKIE  
3 x 5"  
Black Only  
3xBrownmack.10/12.8200.ad

Classified Runover  
2 x 21.25"  
Black Only





Classified Runover  
2 x 21.25"  
Black Only





Classified Runover  
2 x 21.25"  
Black Only



# 2007 Flag Football League Standings

## Alpha League Standings

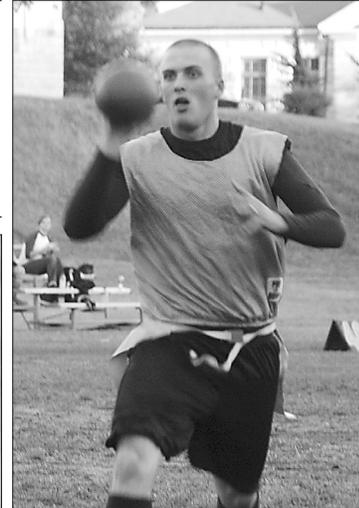
(as of Oct. 15)

Team	W	L	Forfeits
Co. A, 2nd Bn., 34th Armor	6	0	—
Co. A, 125th BSB	4	1	1
Co. C, 1st Bn., 41st Inf.	7	2	—
Co. G, 125th BSB	6	2	—
HHC, 1st Bde.	2	3	—
HQ, 1st Inf. Div.; OSJA	2	3	—
HHC, STB, 3rd HBCT	4	1	1
HHC, 3rd HBCT	4	4	—

## Bravo League Standings

(as of Oct. 15)

Team	W	L	Forfeits
172nd Chem. Co.	1	3	—
300th MP Co.	2	2	—
Btry. A, 4th Bn., 1st FA	1	3	1
Btry. B, 4th Bn., 1st FA	1	3	1
Co. B, 101st FSB	6	0	—
Co. B, 2nd Bn., 70th Armor	0	3	—
Co. E, 2nd Bn., 70th Armor	1	3	—
Co. F, 125th BSB	5	1	—
HHC, 1st Bn., 34th Armor	3	0	—



*Post/Staatz*  
Daniel Hanson, HHC, STB, 3rd HBCT, passes the ball during a flag football game Oct. 16 against HHC, 1st Bde., 1st Inf. Div.



*Post/Staatz*  
Kacee Leekley, HHC, 1st Bde., 1st Inf. Div., hands the football off to a teammate during a flag football game Oct. 16 against HHC, STB, 3rd HBCT.

## Charlie League Standings

(as of Oct. 15)

Team	W	L	Forfeits
1st Bn., 16th Inf.	4	2	—
630th EOD	5	1	—
Co. A, 2nd Bn., 70th Armor	2	2	—
Troop B, 1st Sqdn., 13th Cav.	3	3	—
Troop D, 1st Sqdn., 13th Cav.	1	2	—
HHC, 2nd Bn., 70th Armor	1	1	—
HQ, 1st Inf. Div.	6	0	—
TFD, 166th Avn. Bde.	1	4	1

## Beaver continued from page 16

The beaver is a member of the family rodentia, which is group of mammals that gnaw. They use their four front teeth, big chisel-edged incisors, to fell trees. It takes only a few minutes for this determined animal to cut down a small willow tree. Sometimes a beaver will tackle trees as wide as two feet.

The beaver's favorite trees are the softwoods like aspen, poplar and willow. It also will cut down birch, sugar maple, wild cherry, alder and sometimes hemlock and pine. The beaver uses the felled trees as building materials and food.

Beaver pairs mate for life. The two will live together unless one of them dies. The female gives birth in the spring, usually litters of two to six kits.

Their incisor teeth grow continually throughout their life, so

they must continuously gnaw. Beavers range in weight from 30 to 80 pounds with some weighing more than 100 pounds. One of the largest beavers trapped in Kansas was just north of Fort Riley and weighed 109 pounds.

Beavers are well adapted to move on land and in water. They are able to hold their breath for up to 15 minutes under water. The large back webbed feet are good for swimming and the smaller paws in front are

used for picking up branches, mud and debris. Beavers do not hibernate. Their thick coat is a necessity in the winter when pond water freezes over.

The scaly black tail is hard and flat and is used as a prop to sit on when the beaver is gnawing and as a rudder while the beaver is swimming. When a beaver senses danger, he will slap his tail on the water's surface as an alarm.

### Want to know more?

For more information about wildlife or Fort Riley natural resources, visit the Conservation Office at Building 1020 or visit its Web site at [www.riley.army.mil/Services/Fort/Environment/NatResources](http://www.riley.army.mil/Services/Fort/Environment/NatResources).

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